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Casco Bay Weekly : 25 November 1992

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Casco Bay Weekly

Attorney general's task force calls for civilian review of police use of force. *page 6*

Read all about the Maine Women Writers Collection at Westbrook College and its founder, Dorothy Healy. *page 17*

Get acquainted with yourself; start a journal and write your own winter's tale. *page 14*

Nov. 25, 1992

Health care for all?

Portland city councilors and Maine state employees get it free. But a proposal headed for Maine's Legislature would provide health care for all Mainers.

■ By Paul Karr
■ Photos by Tonce Harbert

Maine state legislators get free health insurance, yet 400,000 Mainers — one in three state residents — can't afford enough of it. As a result, many are turning to emergency rooms or simply going without proper care. And they want relief: 63 percent of Maine residents responding to a recent Guy Gannett Co. poll said they favor health insurance for everyone.

A special legislative committee has wrestled with this issue for more than a year. Their conclusion is that the system needs serious reform, but members can't reach a consensus about how far to push reforms. Meanwhile, people like South Portland cancer patient Sandra Shearer find themselves at the mercy of a system that straps them for cash just when they need health care the most.

That could change soon. Maine state Sen. Dale McCormick is about to introduce legislation that would radically change the way health care is delivered in Maine. Her bill, which faces a tough fight in the state Legislature, creates a maverick single-payer plan for Maine with which one would never get a hospital bill — ever.

Continued on page 8



Since she was diagnosed with cancer last year, Sandra Shearer has faced a deluge of medical bills.

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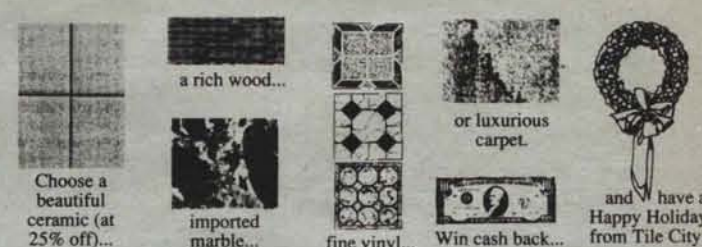
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Bob Birosh: "My last boss said I was too good to people. I'm still too good to people."

A conversation with Bob Birosh

"Bob the Mechanic," as he is known among his loyal customers, runs a garage on Warren Avenue in Portland. The Portland native also races stock cars — under his given name, Robert Birosh — at the Beech Ridge Speedway in Scarborough.

Are there any honest mechanics out there?

A few. I deal only with honest people, I fix a lot of little things for free. I don't do work without calling somebody first. But I could tell you so many stories. Once, I had a customer with a VW Rabbit. I put struts on the front of her car; she came back two weeks later, said, 'I went to get my tires rotated and they told me my struts were bad. Did you change them, Bob?'

So I put the car up on a lift and showed her and her husband. I sprayed aerosol on the struts, and the oil and dirt just started running off it. I reached in and pulled out my hand — sand. What they'd done

was spray oil on her struts, and put dirt in there, to sell her something she didn't need.

That's why I'm honest, 'cause I've seen so many people get ripped off.

What's the fascination of fixing cars?

To be honest with you, I wish I'd picked up another trade. But it's challenging. There used to be a store in my neighborhood where I grew up — they had junk radios and stuff. I used to bring 'em home and put 'em on the kitchen table, blow the fuses. Mom'd go crazy. Then I started working on VWs at a shop.

The biggest challenge is when six other guys say they can't find the problem, and they bring it to you, and you find it.

What happened to your race car?

The first time I let someone else drive it, he went and drove it right over the checkered flag. Smashed it up. You know, that was a championship car back in '84. I painted that car myself. But it's looked a lot worse than that. Guy working on it this year is just super; he just hammered it back into shape.

Will you race next year?

If the money's there. I'm building a garage right now. It's adding, you know; once you sit in a race car, it's addicting as hell. I raced three years at Beech Ridge and made \$35. But I'll be back.

By Paul Karr, photo by Toney Harbert

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talk	3
newsreal	5-6
Al Diamon	7
health care for all	8-13
get the cure	14
winter's tale	14
letters	15

newsreal

A review of the top news stories
affecting Greater Portland November
18 through 23.

Brunswick's new high school received state funding approval. The state board of education voted unanimously Nov. 18 to fund the \$18.9 million project on Maquoit Road. Brunswick's Phil Dionne abstained from the vote. Squabbling about the controversial school site continued right up to the eve of the state vote. Town Councilor Marybeth Burbank pointed out at a Nov. 16 council meeting that Maquoit proponents had said the school would cost only \$17.3 million. Burbank also questioned the state's decision to fund a school that might be much larger than it needs to be. The Maquoit school was designed for a projected enrollment of 1,400, but enrollment at Brunswick High School currently stands at 634, said Burbank. "I just wanted everyone in the community to know," she explained. "If it doesn't make people's blood boil, I can't boil it for them."

Portland dropped its bid to buy the Maine National Bank building. City Manager Bob Ganley said the \$10 million estimated cost of renovating the Congress Street structure was just too much. So he told the building's owner, Recoll Management, that the city wanted out of its \$250,000 purchase agreement. Ganley had wanted to move about 300 city employees into the building across the street from City Hall. The city now pays \$77,000 per year to rent office space for the employees. Ganley said he has "no option in the short term" to relocate the employees.

Mike Chitwood returns to Florida during the week of Nov. 30 to be interviewed again for the St. Petersburg police chief's job. Chitwood is one of four finalists for the post. Last week, St. Petersburg personnel director Andy Houston was in Portland collecting references from City Manager Bob Ganley, NAACP president Janet Johnson and police union president Mike Mayo. "Everyone I ran into — from the person I got a rental car from to a taxi driver — spoke favorably of Chief Chitwood," Houston said. While pleased with what he heard about Chitwood, Houston said he was glad to leave Portland's sub-freezing weather for the balmy temperatures of home.

Two employees harassed a retarded resident at the state's Pineland Center, according to a Cumberland County Superior jury. The jury found former Pineland employees Christopher Mingo and Daniel Beggs guilty of endangering the welfare of an incompetent person. The verdict stemmed from a charge that the men made a Pineland resident, who's afraid of heights, stand on a stack of milk crates. Jurors acquitted Mingo and Beggs of other more serious charges, including assault, saying the state lacked evidence to prove the charges. The two men — who were fired because of the charges — will be sentenced on Dec. 4.

A former Portland investment adviser was arrested in Florida Nov. 20 and charged with bilking senior citizens in southern Maine out of more than \$300,000. Christopher P. Mussenden, 49, faces 65 counts of mail and wire fraud under an indictment by a federal grand jury in Portland. Authorities said Mussenden advised clients to invest their money in a fake fund, but that the money went into his bank account, waterfront homes and pleasure boat.

Campaign finance reform is gaining momentum as a group founded by Jerry Brown supporters continues to push for a statewide referendum next November. The Coalition for Political Reform gathered nearly 30,000 signatures at the polls on Nov. 3, and aims to collect the remaining 23,000 necessary to force a referendum by Jan. 1, 1993. The group wants publicly funded elections, plus limits on individual and political action committee contributions to candidates who don't opt for public funding. "It's the root solution to all the problems we're facing," said coalition spokesman Ed Johnson.

A bid to change school funding rules is picking up money and support. The Coalition for Equitable School Funding held its first meeting on Nov. 18 in Portland. Organized by Falmouth Town Manager Doug Harris, the group includes Portland, South Portland, Scarborough, Westbrook and 20 other so-called "property rich" communities throughout the state. Member communities are being asked to contribute \$1 per student to pay for the group's lobbying efforts, legal advice, expert witness fees and the services of an accountant, Harris said. The coalition maintains that cities and towns with high property values aren't receiving adequate state aid for education because it's assumed they can pay more in taxes to run their schools.

John Martin was re-elected house speaker by the Democratic caucus of state representatives on Nov. 21. Martin defeated challenger Marge Kilkelly of Wiscasset by a 70-18 vote. Portland state Rep. Herb Adams made the nominating speech for Kilkelly and Portland state Rep. Mike Brennan made a seconding speech. Both stressed a need for change in House leadership, with Brennan citing movements to limit legislative terms and cut the size of the Legislature as evidence that Martin had alienated voters.

Although he easily won his bid for a 10th term as speaker, Martin admitted to mistakes in the past. He vowed to end closed-door meetings and to support rules changes that would make the House more democratic. Adams called the caucus "a moment of institutional and generational change, even though it wasn't well expressed in the vote. There was a sense [among legislators] that we won't overturn the top this time, but we'll overturn the way we do things, and overturn the top next time."

Adams said he didn't fear reprisal from Martin. "He was a gentleman. He offered me a choice of pine or mahogany [coffin] to go home in," joked Adams. Dan Gwadosky won the majority leader post over Susan Farnsworth by a 57-29 tally. Portland state Rep. Annette Hoglund lost her bid to become assistant majority leader by three votes to Pat Paradis of Augusta.

Although women were denied leadership positions, the Maine Legislature has a higher percentage of female lawmakers — 31 percent — than 43 other states. The presence of female legislators offers the promise of changing priorities, according to a study by the Center for the American Woman and Politics. The center's research shows that women "bring a different political agenda to the table." They are more likely to conduct government openly and will push for more laws aimed to help women, the study concluded.

The Maine House could have one more female legislator, if Deb Rice prevails in a recount of ballots in District 38, which covers parts of Cumberland, Windham and Yarmouth. Democrat Rice lost to former Portland Water District manager Joseph Taylor by just 25 votes on Nov. 3. Rice said she owed it to her supporters to request a recount. State Rep. Elden McKeen also asked for a recount in District 35, which covers parts of Corham, Windham and Westbrook. McKeen, a two-term Democrat incumbent, lost to Gerald Hillock by 24 votes.

Cold-hearted thieves are snatching heaters. More than a dozen of the hot-selling Monitor kerosene heaters have been stolen from homes in Greater Portland recently. Thieves spot homes that have the heaters by looking for exhaust vents in an outside wall, according to police and heating system dealers in Portland and Windham. The super-efficient Monitor brand heaters sell for \$1,000 or more.

Blue Cross wants an 8.25 percent rate hike approved by the state Insurance Bureau. The rate increase will affect nearly 85,000 elderly and disabled Mainers who subscribe to the company's Companion Plan. Blue Cross-Blue Shield proposed a 12 percent hike in Companion Plan rates in September but unveiled a new deal Nov. 20 at a state hearing. The company raised Companion Plan rates by 16 percent last year.

Ross Perot edged President Bush to win second place in the state where Bush has vacationed since boyhood, according to official election results released Nov. 23. Perot's 30.4 percent tally in Maine was 316 votes more than Bush garnered, but not enough for Perot to win any of the state's electoral votes, according to Secretary of State Bill Diamond.

Reported by Bob Young, Frank Spurr and The Associated Press;
illustrated by John Bowdren.

weird news

Two inmates used a phone at the Maine Correctional Center in South Windham to run a credit card scam, according to indictments by a federal grand jury. The inmates bought merchandise with unauthorized credit card numbers and had the goods delivered to the homes of friends who either fenced the items or traded them, according to U.S. Attorney Richard Cohen. Most of the items were sporting goods, power tools or camping equipment. Edward C. Ford, Jr., formerly of Berwick, and Thomas S. Asdot, formerly of Wiscasset, could each spend another 15 years in prison if convicted on charges of trafficking in unauthorized credit card numbers.



6 Casco Bay Weekly

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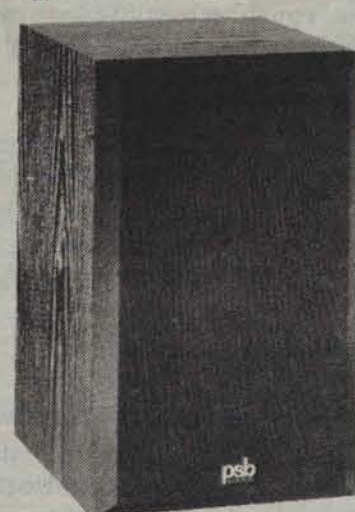
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—Jack English, *Stereophile* (April 1992)

NH still blocking tracks

New Hampshire has a new governor, but state Transportation Commissioner Charles O'Leary remains in office and remains the most vocal opponent of restoring passenger train service between Boston and Portland.

The proposed rail service would travel through New Hampshire, and Amtrak officials have said the Granite State's opposition will make it much more difficult to restore passenger trains to the region.

O'Leary argues that restoring passenger rail service will be a waste of taxpayers' money because not enough people will ride the trains. Interstate buses between Boston and Maine are already providing a mass transit alternative to cars, he maintains.

"It [bus service] is running without any, repeat, any federal or state subsidy," O'Leary said.

The man who appointed O'Leary to his current job, Gov. Judd Gregg, will be leaving that post in January, but O'Leary believes Governor-elect Stephen Merrill will support his fight against passenger trains. Both Gregg and Merrill are Republicans. "His campaign platform seemed to be one of fiscal concern," O'Leary said.

Under New Hampshire law, O'Leary can maintain his job as head of the state's transportation department for up to four years even if there is a gubernatorial change.

Merrill spoke in support of restoring passenger trains during the campaign, but his aides now say his support for any subsidy will be contingent on the outcome of ongoing financial feasibility studies.

Maine's director of rail transportation believes that both Merrill and O'Leary can be swayed to support passenger rail service. Mike Murray said O'Leary's opposition is not irreversible. "He has long said, 'Show me the benefits and associated costs, then I'll render a decision.' The study we're undertaking will show him those figures," Murray explained.

Murray also said that O'Leary actually cooperated with municipal planners in selecting Dover and Exeter as sites for train stations in New Hampshire.

Yet O'Leary continues to claim that citizens — even in Maine — are opposed to having the government subsidize the return of passenger trains in Maine, despite virtually unified support for the idea among the state's politicians. "I noticed that a significant number of the citizens of the state of Maine voted in favor of Ross Perot, who seemed to have as his biggest concern the federal deficit," O'Leary said.

Allen Dowd

AG: civies to review cops

A task force created after the shooting death of Katherine Hegarty has recommended civilian review of police actions and ending military-style training at the state's Criminal Justice Academy. The task force was formed by Attorney General Michael Carpenter in response to public outrage about the death of Hegarty, who was killed by law officers in her Jackman cabin.

Carpenter said he aims to use the changes urged by the task force as the "framework" for new laws.

But the recommendation calling for civilians to examine police actions was not as strong as some members of the task force had wanted, according to state Rep. Carol Kontos of Windham, the only legislator on the 10-member task force and its only member from York or Cumberland counties. Some task force members sought to create an all-civilian review panel. But Kontos said their plan was "watered down" by the task force, which contained five civilians and five law officers.

The task force ended up urging that the Criminal Justice Academy in Waterville have more civilians on its executive board, and that the board be authorized to review cases in which police used lethal force. "It's as close as possible to a civilian review board," said Kontos.

She added that the review panel "wasn't designed to go after cops but to ensure that the public had an obvious and predictable way to bring its concerns to a body equally composed of civilians and law officers."

But the most contentious issue for the task force was its recommendation that the Criminal Justice Academy shift its emphasis from military-style training to more community-based training. "Our concern was that the regimentation that dominated the academy was too much like the military... while we don't want to diffuse attention to fitness or accuracy with weapons, ultimately we want a change in attitude," Kontos said.

Because the task force had to reach unanimous agreement on its recommendations, Kontos predicted the proposals wouldn't meet much resistance from law officers.

"We were very deliberate and people in positions of authority were briefed along the way. So by the time we were done, I felt confident that county sheriffs, municipal police and state police could support our plans," Kontos said.

Portland Police Chief Mike Chitwood said he supports most of the task force recommendations, including the move toward community-based policing. Training for dealing with a domestic confrontation or a mentally ill person is more important than "how many push-ups you can do or how fast you can run a mile," Chitwood said.

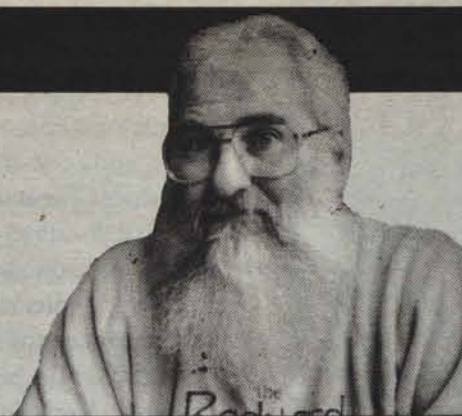
Except for one public hearing, the task force worked behind closed doors. Carpenter received its recommendations in October. He announced them Nov. 17 — although he had said he wasn't going to do so before the Dec. 1 legislative caucus which will appoint the state's attorney general.

Some legislators questioned whether Carpenter released the report early to garner publicity for his reelection bid. He faces opposition from Androscoggin County District Attorney Janet Mills, who has a reputation for tangling with law officers. "I wondered that, but I had no evidence that was the case," said Kontos.

Bob Young and The Associated Press

politics & other mistakes

By Al Diamond



57 channels (and nothin' on)

Republicans have a big problem in 1994. They have to find a replacement for low-rated Gov. John McKernan who, thanks to the state constitution, is not being renewed. McKernan spent the last two years convincing a sizable portion of the voting audience that his 1990 story line on the state budget was either incompetent or untruthful. This leaves the '94 headliner with the unenviable job of promising better plots, without appearing to criticize the earlier episodes.

The lure of stardom must be strong because a lot of members of the GOP are in rehearsal for a spot in the schedule.

Prime time: Augusta state Rep. Summer Lipman's show, "The Committee for 99/33," is a pilot for a full-fledged gubernatorial campaign. The committee's petition drive to reduce the size of the Legislature could give Lipman the names of 100,000 potential viewers. It also gives him a chance to build a statewide organization and fine-tune a fund-raising operation.

The reviews: Lipman has a solid network and the ability to finance a powerful production. But no one knows whether the public will tune in.

Les Otten is his own mini-series. He's president of the Sunday River ski area. He chairs the board of the pro-business Maine Alliance. He charms the wine and brie crowd as the Portland Museum of Art's big cheese. None of that will be enough to make the average Joe stop watching "The Best of Big Time Wrestling." But Otten does have one major advantage. He wasn't in the Statehouse when the Nielsens on the budget came in, so he can't be blamed for that bomb.

The reviews: Otten's best-known role is that of the coy political novice, but he's not always convincing. The slight sheen of slickness can be detected whenever he's in the spotlight, which is pretty often. The camera likes him, though, and Otten has the potential to turn his outsider image into a blockbuster.

In syndication: New Senate Minority Leader Pamela Cahill of Woolwich has to carry the low-rated McKernan administration's program in the Legislature for the next two years. That won't help her if voters decide they want a change of talking heads at the top. She's also something of a channel switcher when it comes to deciding her viewing plans for '94. Will it be "Golden Palace" or "Homefront"?

The reviews: Cahill has been an understudy so long it's raised questions about whether she wants a leading role badly enough to fight for it. But she's clearly the GOP's strongest woman candidate, and an audience-pleasing performance in the upcoming legislative season could make her a star.

State Sen. Charles Webster of Farmington has already decided to run for something in 1994, but hasn't decided whether it'll be the governor's race or the 2nd Congressional District seat (if Olympia Snowe retires). He began his quest for a better time slot by

being canceled in his old one as minority leader. Republicans felt he was typecast as politically clumsy, uncompromisingly conservative and overly combative.

The reviews: Webster admits he's probably too far to the right to pick up any significant audience in southern Maine, but thinks he could build numbers in the rural north. That might work if he's the only conservative on the '94 schedule. But it's hard to figure who would want to finance this production, and without money Webster will just be sending signals into the ozone.

Cross the intelligence of a "Nova" episode with the social graces of "Roseanne," and you'd get... well, whatever you'd get wouldn't be pretty, but it would be hard to ignore. State Rep. Judy Foss of Yarmouth spent the last two years as McKernan's designated heavy in the budget battles. That's given her a lot of time on the tube, but an image that makes Skeletor look like a softie.

The reviews: smart, tough and politically savvy. So, why would she do something as dumb as run for governor? Maybe too much TV rots your mind.

Maine currently has a tall, good-looking, moderate Republican governor. On the off chance those are the only qualifications, state Sen. Charles Summers of Scarborough is screen testing for the role.

The reviews: If you liked Jock, you'll love Charlie. Maybe he could put that on a bumpersticker.

Bangor City Councilor Tom Sawyer has heaps of money and piles of baggage, both due to his often controversial landfill business. Environmental activists start to drool at the thought of counter-programming against Sawyer.

The reviews: He won't be accused of being too slick, but that's probably the only thing he won't be accused of. **Still trying to program the VCR:** Former Human Services Commissioner Rollin Ives has compiled the sort of record in state government that Bart Simpson is racking up in grade school. Ives' only hope is an attack of mass amnesia during the next two years.

Christian Civic League Director Jasper Wyman wants a chance to avenge his record-setting 1988 loss to George Mitchell. Repeat after Mr. Rogers: "The only way Jasper will win an election is if he has the good fortune to be opposed by Linda Bean."

The cartoon channel: If you ask enough people who'll run for governor, you get some Mickey Mouse answers: Finance Commissioner Sawin Millet (actually, that's more like a Ren and Stimpy answer), Transportation Commissioner Dana Connors, Cumberland County District Attorney Stephanie Anderson, former state Sen. Barbara Gill, Congresswoman Olympia Snowe.

Canceled before the season begins: Failed congressional candidate Linda Bean is laboring under the delusion she can just hit the rewind button and start over. Primary loser Tony Payne is back to bit parts. State party chairman Ted O'Meara has been begging to sign off.

Cue the national anthem. **EW**

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Sandra Shearer surrounds herself with pictures of her grandchildren.

HEALTH CARE

Continued from front page

"I didn't die quick enough. I wasn't supposed to live longer than my disability covered me."

Sandra Shearer

When South Portland insurance adjuster Sandra Shearer began getting mysteriously ill in the summer of 1991, it took doctors six months to find the trouble. One week before Christmas, she finally had her answer: At the age of 49, Shearer had developed cancer of the adrenal glands. The cancer, which spread to her skull, left leg and right lung, required massive doses of chemotherapy and radiation. Along with those treatments, and the awful uncertainty of the disease, came escalating bills for the treatments and medication.

And even though Shearer's health and disability insurance paid 80 percent of her bills, the other 20 percent ate up her savings. She began to fall behind on mortgage payments. While her organs were being bombarded with radioactive waves in the hospital, her mailbox back home was being bombarded with letters from collection agencies.

Now, one year later, she is bedridden and requires around-the-clock care from a nursing aide, her daughter and other family members. The cancer is in remission — but the bills won't go away. Shearer's disability insurance runs out shortly, and she is ineligible for state or federal aid because her income is still too high. Her credit union has threatened to foreclose on her property, but she hasn't been able to sell it in eight months. To stay afloat, Shearer has borrowed as much as she could from her life insurance.

"I didn't die quick enough," she said. "I wasn't supposed to live longer than the year my disability covered me. If you

don't die quick enough, you're out of luck.... I honestly don't know what I'm going to do next."

Neither does Geneva Johnson. Johnson, 65, owns and maintains a home in the North Deering section of Portland. She spends one-third of her fixed income, or about \$175 a month, on Tagamet, Mevacor and other medicines her doctor prescribed to treat an ulcer and lower her cholesterol levels. Johnson also pays \$50 in premiums each month for minimal Medicare coverage ("it doesn't cover diddly-poo") and a private policy she says is virtually useless because its deductible is so high. Like Shearer, she makes just enough money to be declared ineligible for Medicaid.

"I can't afford a comprehensive plan of any sort because of the cost of the premium. I can't afford to get sick. And I am going to, some time or another," she said. "Those of us that fall between the cracks, there's nothing out there to help. It worries me. I'm in good health now, but it's scary."

People like Shearer and Johnson suffer because American health care is either doled out privately to those who can best afford it — or handed out publicly to those who absolutely can't. Many employers, including the city of Portland and the state of Maine, cover employees and/or their spouses for free. Other companies will pay a certain portion (usually half) of their employees' insurance premiums.

But part-time workers, the self-employed and a number of other people still aren't covered by this patchwork quilt. Instead, they fall through the country's health care cracks. In Maine, as many as one in three residents may be falling through.

A cost emergency develops

According to a recent study by the Families USA Foundation in Washington, D.C., Shearer and Johnson aren't alone in their inability to pay for care. The average Maine family spends \$4,000, or 11 percent of its income, on health care each year. As many as 400,000 Mainers either have no health insurance at all, don't have enough insurance or are at risk of losing what insurance they have to cover health care costs.

And it's not primarily the unemployed who are hurting. Most of the uninsured in Maine, about 60 percent, work — some in high-risk jobs like construction. People between the ages of 18 and 29 are least likely to have health insurance.

There are several striking points about that \$4,000 the average Maine family pays each year:

- The average Maine family pays about \$1,500 for health care through taxes. Yet Canadians also pay \$1,500 each year in taxes for health care — and they get it free.

- The average Maine family spends another \$1,200 when their doctor's bill falls below a health insurance policy's deductible, they have no insurance or their condition is excluded from coverage by the insurer. Canadians pay none of those costs.

- The total cost has more than doubled in just 10 years, and is expected to have increased by 600 percent when the year 2000 arrives. Skyrocketing doctors' fees, technological advances, drug and equipment costs, paperwork and malpractice premiums all raise doctors' and insurance bills.

Because they can't afford these rising costs, some Mainers are taking to the cheapest care they can get — the local emergency room — rather than checking into an expensive hospital.

A survey by the American Association of Retired People showed Maine ranked fourth among the nation's states in the number of emergency room visits per person in 1990. Maine's figures rose slightly in 1991, according to the Maine Hospital Association.

Doctors say that low-income patients know emergency rooms will treat them, even if they can't pay their bills. But their reliance on emergency room treatment has other costs. Maine Medical Center claimed a quarter of its emergency room bills are not collected, amounting to a \$1.5 million loss for the hospital each year. The shortfall means higher costs for paying patients and higher insurance premiums. And the ailments of many low-income patients could be prevented with routine, affordable health care, according to a recent issue of the *Journal of the American Medical Association*.

Why do we have these problems? It depends on whom you ask. Ask insurance carriers, and they'll say doctors are raising costs. Ask doctors, and they'll say insurance companies are raising premiums.

Hatching a maverick plan

Joe Ditte and Dale McCormick want to replace the finger-pointing with reform. Ditte (pronounced dee-tray) is spearheading the Maine People's Alliance's (MPA) push for

universal health care in Maine. State Sen. McCormick, a Democrat from Monmouth, is about to introduce a health care bill that could change the way Mainers treat health care forever.

MPA has slowly been chipping away at the insurance industry. In 1989, the group helped secure millions of dollars' worth of health insurance for 8,500 low-income Mainers (most of them children) who weren't eligible for Medicaid.

In 1990, MPA fought to outlaw the industry's widespread practice of using "preexisting conditions" like asthma, diabetes, heart disease, high blood pressure and even pregnancy to deny group coverage to certain people. "That really got us rolling," Ditte said. "They cannot deny coverage to someone in a group policy; they have to sell it to all or none."

Though they went virtually unreported here in Maine, both landmark victories were noticed — and copied — on a national scale.

Now MPA is targeting the escalating profit margins, doctors' fees and paperwork jams that allow insurance companies to keep premiums climbing out of reach for people like Shearer and Johnson. Hammering away at its theme that Canada's single-payer system delivers better health care for less cost, Ditte builds a convincing case for streamlining the system.

"For the first time," he said, "the government has shown that with just administrative savings alone, not only can we cover the 37 million people who don't have insurance, but we can also eliminate all co-pays and deductibles." In plain English, that means anyone in America could walk into any hospital or doctor's office and receive whatever diagnostic work or treatment they needed — and never receive a bill.

Ditte pointed to a 1991 study published in the *New England Journal of Medicine* as proof that this method would actually cost the country far less than the present system. According to that study, Mainers could save \$507-\$566 million in administrative costs simply by converting to a single-payer system. The country could save an astonishing \$67 billion each year by doing so.

"The reason that's so high is that the costs are not only to consumers, but also to businesses and health care providers," Ditte explained. "Think of it. You have 1,500 companies, each with their own rules, benefit plans and reimbursement rates, and guidelines for underwriting." In Maine, there are about 175 companies selling health insurance; folding them into one nonprofit company could save billions of dollars and give better care to those who can't afford it.

Those calculated savings don't even include such indirect effects as the avoided cost of citizens who stay on welfare rolls to keep their health insurance.

"Low-income people want to get off the system, but they're afraid to," said Nancy Morrisette, who directs a Head Start center in Portland's Riverton neighborhood and is herself paying off a \$1,300 medical bill for her uninsured son. "I know people who've quit, or cut down on their hours or said no to a raise because they might lose [federal health care]."

With these studies in hand, MPA helped persuade the Legislature to form a special health care study committee in August of 1991. Created with the express purpose of cutting health care costs while covering more Maine residents, the committee included state Sen. McCormick because she also sat on a banking committee. For more than a year, the group struggled to define the gap between health care needs and means. Most recently, at a packed hearing in Augusta Oct. 17, members of the committee heard horror stories from all over the state.

After the hearing, members agreed to conduct further studies before releasing recommendations to the full Legislature.

But thousands of Mainers, who in October sent MPA "health care ballots" demanding single-payer reforms to legislative candidates, have already made up their minds. So

has Sen. McCormick. In January, she will introduce legislation that would create one nonprofit insurance company for the entire state of Maine.

How single-payer would work

Under McCormick's proposal, businesses would kick a percentage of their payrolls into a single trust fund (though small and low-profit businesses would receive certain breaks). Individuals would also pay a percentage of all wages and unearned income above \$5,000, just as they do for income taxes. In return, the fund would pay for free care for every Mainer immediately, reimbursing doctors on a monthly basis. It would allow complete choice of doctors or hospitals.

To cut costs, the bill would eliminate with one stroke of the pen private health insurance in Maine. Instead, a new state agency would manage the system. Doctors would have to negotiate their fees with the agency, and hospitals would work with preset annual budgets. Those three steps, Ditte said, would rein in rising specialist costs and encourage a better focus on primary care while saving consumers — like Maine's cities and towns — money.

"I think [the amount they pay] will go down," McCormick said. "I'm basing that guess on some knowledge of the single-payer bill that was filed in New York state." Whether costs go down or not will depend, she said, on what the total costs of setting up a single-payer system are. McCormick is still collecting that information, and will release it — along with her proposed payroll surcharge — in December.

McCormick's bill would also shrink the state's workers' compensation system; employers would save the 40 percent of their workers' compensation premiums that go toward medical costs. And injured employees would receive both immediate and long-term treatments free — no matter where the injury or illness happened. These changes are particularly relevant in light of the recent "reform" package that will slash workers' comp benefits while forcing injured workers to visit company doctors and pay their own legal fees.

"Why hire attorneys to figure it out?" Ditte asked. "That's just another cost to society." There would still be a workers' compensation system in place, he said, but it would chiefly serve to pay claims in cases of employer negligence.

Maine doctors seem to like the idea of streamlining the system. In a recent Guy Gannett Co. poll of about 600 doctors in the state, 57 percent said they support a single-payer system.

Continued on page 11

Nice try, George, but...

The trouble with a "pay or play" health insurance law

Senate Majority Leader George Mitchell recently filed a national health care bill in the U.S. Senate proposing a national "pay or play" system that would require employers either to buy coverage for all full-time employees, or pay the government to do it.

But Joe Ditte of the Maine People's Alliance was quick to point out that the proposal is inferior to a single-payer system because it costs more, covers fewer people — and keeps the for-profit insurance industry in business.

"Single-payer gives us one entity — and we don't care if it's private or public, we don't care so long as it is nonprofit and publicly accountable — that has the ability to look at where money is going and where to allocate health care resources," he added.

- A pay or play system adds benefits without cutting costs. It's funded from taxes instead of from excising the bloated paperwork, premiums and profits that make U.S. health care so sick.

"In Maine, commercial insurers spend 29.5 cents in administrative costs alone to deliver \$1 of benefits,"

Ditte said. "It only costs Canada 1.4 cents to do that. It costs the federal Medicare system 2.3 cents to do it. Why do we need this middleman involved when we can do it cheaper?"

- Under pay or play, not everyone would be covered. Some employers would be exempt from the law once a certain percentage of small businesses purchased insurance. "That leaves a large number of employers out," noted Ditte.

- Pay or play doesn't eliminate the profit motive that drives costs up. "If you keep the insurance companies in business, there's no way to control costs," Ditte said. "Insurance companies have not been able to control costs in any way, shape or form — except by raising their rates."

- The system is difficult for the unemployed to use. Mitchell's bill would establish a public fund to pay the health care costs of the poor and unemployed. But part-time workers, or workers who are laid off, might have to keep switching back and forth between the public fund and the private fund — doing paperwork,

"I know people who've quit, or cut down on their hours or said no to a raise because they might lose [federal health care]."

Nancy Morrisette

figuring out for which pool the hours they work qualifies them, and so forth.

"Under a single-payer plan," said Ditte, "the consumer would never get a bill. The provider would get paid directly from one government pool. Health care becomes a right of citizenship. Under pay or play, you're at the whim of the employer."

Pointing out that a recent Guy Gannett Co. poll of about 600 Maine doctors found the majority (57 percent) support a single-payer system, Ditte called Mitchell's proposal a "softball for insurance companies." Instead, he called for Mitchell to emulate the single-payer bill U.S. Rep. Tom Andrews has filed in the House of Representatives.

"I've never quite understood this whole employer-based health care," Andrews told CBW. "It's almost like calling the fire department when your house is on fire, and then asking, 'Where do you work?' before they come.... If you're sick you need treatment. So to base this system on your employer to me is rather odd."

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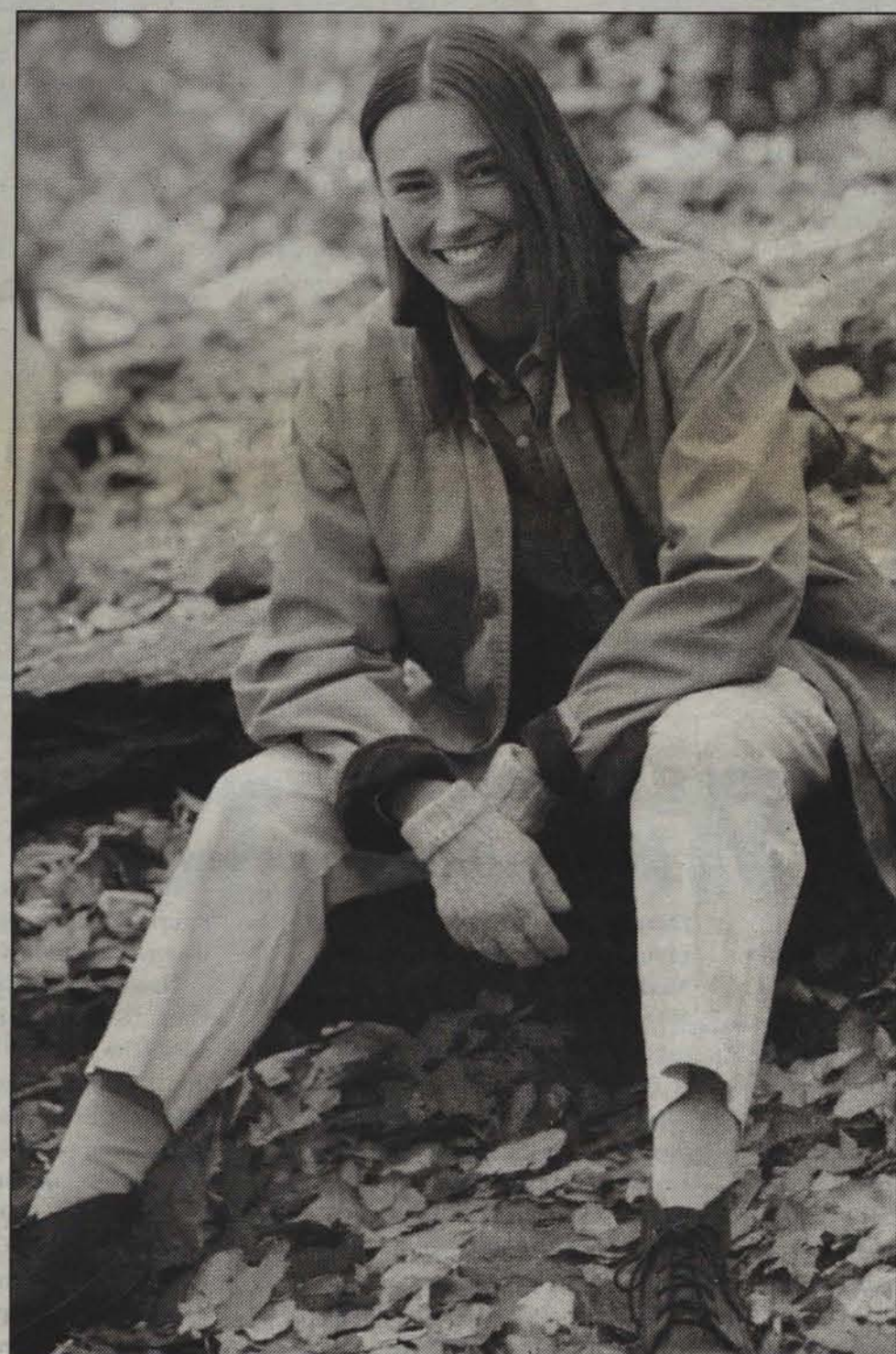
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**Dog and
pony show****Opponents of state
health care peddle
stale arguments**

While the Maine People's Alliance (MPA) and state Sen. Dale McCormick prepare to introduce a single-payer bill in the Maine Legislature, an industry group is mobilizing opposition.

The Small Group Health Reform Committee has begun taking its show on the road, and the show isn't pretty. A Canadian walks up to the podium and tells horror stories about that country's health care system, horrors that have led him to form a "cardiac underground" to get emergency heart surgery in the United States for wait-listed Canadians. A state senator from New York pounds away at national health care plans, claiming the current system already functions well and that a "pay or play" system would destroy small businesses that couldn't afford insurance.

This "small group" committee includes business groups such as the Maine Merchants Association, the Maine Oil Dealers Association and the Maine Farm Bureau. But insurance representatives from the Independent Insurance Agents and the Maine Association of Life Underwriters really run the show.

"It's baloney," responded MPA's Joe Ditte to the group's charges. "They're talking about the mid-'80s in Ontario. That situation was rectified through the single-payer structure, where people could say, 'We want more ICU (intensive care unit) beds and more cardiologists.' By that pressure and public accountability, they reallocated money to end that situation in the mid-'80s. It's old data. Our GAO (General Accounting Office) once did a study on waiting lines in Ontario. And for emergency care in Ontario, they found there are no waiting line for care."

"This is deliberate misinformation by people who know better," said Yarmouth's Dr. David Johnson, "but desperately want to maintain the status quo. These people want us to believe everybody's got a really bad shake in Canada, that nobody likes it. In point of fact, the vast majority of people there [approve of it].... These lies are no longer believable."

"It's just chicken little, and the sky is falling in on [the insurance industry]," Ditte concluded. "They're not adding anything to the debate. They're just blatantly misrepresenting the facts."



Geneva Johnson holds some of the medicine that consumes one-third of her fixed income each month.

HEALTH CARE

Continued from page 9

"It would cut paperwork problems enormously," said Dr. David Johnson, a Yarmouth osteopath who belongs to the Maine chapter of Physicians for a National Health Program, a 4,000-plus member group. "If we were dealing with a single payer, we would have enormous economies right there. By enormous, I mean I've had people guess we could cut 10 percent of our overhead immediately — and it might even be greater than that."

In his 27 years as a doctor, Johnson said, he has increasingly spent time dealing with forms, conferences and other administrative details. A single-payer system would allow him to do what he went to medical school to do — practice medicine.

"A 10-minute encounter is very likely to spawn multiple test and specialty consultations instead of what's better for all concerned, which is more time," Johnson said. "Nobody's satisfied with 10-minute efficiency visits, with practicing defensive medicine, and with lots of tests that simply prove you don't have the disease."

Johnson predicted such a system could increase the fees paid to primary care doctors who most need them, while possibly causing a slight reduction in specialists' fees. As another side benefit, more jobs as nurse practitioners and physicians' assistants in Maine would instantly be created.

"Highly paid physicians like specialists won't like [single-payer]," agreed Ditte. "But the majority of doctors in Maine are primary care physicians. And they will see their incomes go up."

Perhaps Americans are catching on to this. In one 1989 Harris poll, 60 percent of Americans said they'd happily pay higher taxes or premiums if it guaranteed them free health care.

But what really matters now is what percentage of the newly elected Maine Legislature will go along with it.

Joe Ditte, Maine People's Alliance

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Continued on page 13

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Health care in other states

Maine isn't the only state considering universal health care. At the moment, at least a dozen other states are poised to vote on various health care proposals, though none is as progressive as Maine state Sen. Dale McCormick's proposed state single-payer plan. A sampling of other states' existing health care plans follows:

Hawaii, with about the same population as Maine, is out in front of the pack on health care. Hawaii state law requires all employers to provide free health insurance to every employee who works at least 20 hours a week, and it guarantees coverage for both unemployed and seasonal workers. So at least 95 percent of Hawaiians have health insurance of some kind. Since the law requiring coverage was passed in 1974, Hawaiians' life expectancies have risen to among the nation's highest, and infant mortality has dropped considerably. Health insurance premiums in that state are among the nation's lowest.

Minnesota will shortly begin subsidizing health care for the poor. Using revenues from new taxes on cigarettes, doctors and hospitals, the state will pay some portion of the premiums for poor residents who can't afford insurance. It will also make insurance forms simpler, which would make a single-payer plan easier if it were ever created there. But some have complained that Minnesota's plan puts too many restrictions on the kinds of services that are covered.

Oregon's attempt to fund health care for the poor has run into a buzz saw of controversy. The state wants to pay for the health insurance of its poorest residents, but it also wants to cut the cost of doing so by excluding certain services from the program — services like liver transplants for alcoholics and post-mastectomy breast reconstruction.

Some observers feel this is the only logical approach to health care, and stands the best chance of being adopted as a national model. Others argue it's discriminatory to deny services that the rich can afford, and that the very process of making a "no-pay" list can be tainted by moral judgments about disease or character.

Massachusetts passed a law in 1989 that will eventually require most businesses in the state (except those employing five or fewer people) to pay half their workers' health insurance premiums. A statewide referendum in support of statewide health care a few years ago also won overwhelming support. But business and insurance groups have succeeded in watering down the 1989 law by delaying its timetable; health care advocates in the state wonder whether the "half-pay" requirement will ever be implemented.

Washington also passed a health insurance bill in 1989. The law requires the state to pay as much as 90 percent of premiums for the poorest families. However, it will only fund insurance for about 4 percent of the state's uninsured residents.



Patients wait to be admitted to Maine Medical Center's emergency room, one option for the under-insured.

HEALTH CARE

Continued from page 11

Sensible cure or doomed plan?

Republican state Rep. Joe Carleton Jr. of Wells, another health care study committee member, agrees with McCormick's diagnosis of what's ailing health care. Unlike most Republicans (and some Democrats), Carleton doesn't even object to consolidation of the insurance industry.

But he still questions the single-payer system's cure. "We do need reform," Carleton said. "The costs of the system are running out of control, and not everybody is covered. But it's a difficult time to get these things on track because it's going to cost money to get it started. Also, there's no real consensus in the state about how to do it as of yet.... [McCormick's] large-scale systemic reform has not yet been fully discussed and agreed upon by the committee."

Carleton said he doesn't support McCormick's plan. Though he hasn't written it off altogether, Carleton would like to study "managed competition" of private insurance companies first.

"It's an old saw," he said, "but I am suspicious whenever somebody tells me that having the government take over a particular area is going to be more efficient and less costly. Health care might be one of those peculiar areas where that is true, but I'm not convinced at this point."

Carleton also questioned where start-up funds for a single-payer system would come from. Proponents claim that cost savings alone would fund a single-payer program. Carleton disagreed.

"That is an argument I am very suspicious of," he said. "I think there has to be some public funding. Indeed, there's already a lot of public funding for health care. But just how that is set up — taken out of general tax revenues, or out of some kind of special tax like there is in Minnesota on health care providers — is something that I haven't come to a conclusion about."

"There have to be trade-offs," Carleton finished. "You cannot have, as we do now, everybody wanting to have the absolute best health care no matter what the cost, and have it immediately, and have absolutely free choice, and have cost containment at the same time. We have to get realistic about the trade-offs."

Despite Carleton's reservations, MPA's Ditre predicted the committee would endorse the single-payer plan. If it does, Carleton may file a dissenting report to express his concerns — a move that could create even more squabbling over the single-payer plan.

Other legislators cautioned that a single-payer plan would be doomed before it got out of the blocks in a Legislature that will be grappling mightily with a projected \$1 billion budget deficit.

"I think the time would be ripe if the states in general were not in such financial chaos," said Portland state Sen. Joe Brannigan. "People like Dale McCormick feel it's a high

priority to do it, but that's going to run head on into people who've promised no more taxes, or who've promised to give schools more funding. You're talking \$300 million in each of those cases. It's going to be difficult to start new programs." Brannigan, who hadn't yet studied McCormick's proposal, blamed the McKernan administration for fighting previous health care reform efforts.

And McKernan has tried before to gut health care reform. Last November and again this February, he tried to close down the Maine Health Care Finance Commission, the state's only watchdog over hospital spending. The commission saves Mainers \$10 million to \$20 million each year in medical costs by fixing each private hospital's budget before the next fiscal year; it spends less than \$2 million annually to do it. Yet McKernan and other Republicans wanted the agency eliminated, and only a Democratic majority on the Legislature's Appropriations Committee — of which Brannigan is a member — saved the group.

"The administration even tried to eliminate the adult part of the small health care program we do have for working poor people in Maine," Brannigan said. "We had to fight to keep it. Their priority has not been in that direction."

Insurance industry opponents to the single-payer plan have also begun mounting a statewide campaign to discredit the Canadian system (see "Dog and pony show," page 10). The Canadian program, they say, creates long waits (six to 12 weeks for a routine checkup) and the potential for overuse of health care by citizens.

Proponents reply that the Canadian government removes temptation for Canadian doctors to run through patients too quickly by publishing prominent lists of high-volume clinics. They're hoping the desperate need for better health care will persuade legislators who might shrink from new programs in such tough economic times.

McCormick said she anticipates support for her proposal, both in the Legislature and among the working poor. But other legislators are more guarded about the prospects of getting a veto-proof majority of the Legislature to approve a single-payer plan.

"I think everybody expects a tough fight," McCormick conceded. "But we have to start squeezing the balloon from every direction. Otherwise, the costs just balloon out in another place. This is the only way to do it." CBW

Paul Karr is Editor of Maine Progressive, in which another version of this article will appear in December.

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Free health care is the cure

Let's face it: America's health care system is sick. While costs continue to skyrocket with no end in sight, 400,000 Maine residents can't afford adequate health insurance. As a result, some are apparently resorting to local emergency rooms instead of visiting physicians on a regular basis. But health care providers and insurance companies continue to rack up profits — while the poor carry the system's failures on their backs.

Free health care is the cure.

The single-payer, nonprofit plan that state Sen. Dale McCormick is proposing (see page 10, "Health care for all") is similar to a successful Canadian program that delivers better health care at less cost than we receive in this country. We need to swallow our pride and admit that the Canadians have outsmarted us on this one.

editorial

In the United States, health care works this way: You have to pay to get it. If you don't have insurance, you may not receive treatment. If you're poor or living on a fixed income, the government may pay some of the cost — but it may not. And if you've ever had a disease, exposed yourself to an occupational hazard or even been pregnant, your insurance may not cover treatments you need.

Compare this Darwinian way of delivering health care to the way it's done across the Saint Croix River.

In Canada, if you're sick, you call up a doctor or hospital and make an appointment. Once there, you present a little white card given to each citizen at birth. Possession of that card means all your diagnostic visits, lab work and hospitalization are free. Regardless of which province they're in, or even which country, the Canadian government picks up the tab. Later, your doctor bills the provincial government, and the government reimburses the doctor or hospital out of tax revenues set aside for that purpose. You never see a doctor's bill.

A single-payer system works with elegant simplicity. It also offers cash savings and better care. Note these eye-opening statistics:

- It's more effective than our system. Canada's infant mortality rate is 25 percent lower than the United States'.
- It's more dependable. Since 1980, at least 400 U.S. hospitals have closed, most in rural states like Maine. Van Buren's hospital closed in the late 1980s, forcing

residents to drive to Caribou instead. Castine's hospital has also closed. And Bath and Brunswick are considering a merger of their two hospitals. In Canada, not a single hospital has closed.

■ It's cheaper for individuals. According to *Consumer Reports* magazine, a Canadian earning \$26,000 a year spends about \$1,300 in taxes for the privilege of free health care. His or her American counterpart pays twice as much — \$2,500 — for health care during the same year. A family of four in Maine may spend \$3,000 to \$5,000.

The country could save money, too. According to a study reported in the *New England Journal of Medicine*, the United States would have saved \$70 billion to \$80 billion in 1987 alone with a Canadian-style, single-payer system. Mainers would have saved \$500 million a year in health care costs.

"Reducing our administrative costs to Canadian levels would save enough money to fund coverage for all uninsured and underinsured Americans," concluded the authors of the report. And that's just what we ought to be promising our children — care without regard to race, class, sex or occupation.

America's vast patchwork of competitive health care providers and insurers is to blame for the morass. Each insurer makes its own determinations about eligibility for insurance payments. Then there's the complex billing and collections process, with which Canadian doctors don't contend. And we foot the bill for all this paperwork. About one-quarter of each health care dollar spent in the United States goes straight to these feats of bureaucratic shuffling. In Canada, just one penny per dollar goes toward paperwork.

Do we really need more studies? No. The studies have been done again and again, and a single-payer system looks better each time. It saves money while covering more people. It's far superior to Sen. George Mitchell's wimpy "pay or play" proposal. And it places the priority on caring for human beings — not padding cushy bank accounts.

CBW supports state Sen. McCormick's proposal, which is based on the Canadian plan. And we urge Greater Portland's legislators to do the same. The right to free or affordable health care must never be conditional upon one's ability to hold a job or inherit lots of money. (PK)

Write your own winter's tale

■ By Doug Rennie

Winter. Home fires sweeten fat, damp air with the scent of wood smoke. Glistening roads. Squishy bark-dust paths. Naked trees. Stygian skies. Fox, raccoon and 'possum curled nose to tail in warm dens. Weather suited for the indoor life, for reading good books, or maybe for writing your own. Winter forces you to stay home and get acquainted with yourself. So start a journal. Sort through the mental flotsam of seedling ideas, veiled feelings, long-buried faces and voices.

Write your own winter's tale. A personal journal where you daily record your thoughts, observations, memories, bits of overheard nattering at the movies or the mall — whatever — provides an ongoing forum for every impulse from catharsis to creativity. All you have to do is start one. And no time is better than winter. Listen to one who knows: "It is winter proper... come to stay. I bloom indoors in the winter like a forced forsythia; I come in to come out. At night I read and write, and things I have never understood become clear; I reap the harvest of the rest of the year's planning," writes Annie Dillard in her extended personal journal, "A Pilgrim at Tinker Creek," winner of the Pulitzer Prize in 1975.

OK, so yours probably won't win a Pulitzer. But once you start, you'll find that the way a journal opens up your mind's sluice gates, allowing you to spill your guts out on paper, is wonderfully, addictively self-indulgent. The only thing better is going back weeks, months, years later and reading what you wrote. I still have several Coke-stained notebooks filled with scribbles from childhood and adolescence — and most of the entries have winter dates (baseball filled the warm days).

Memories — joyous, sad, all but forgotten — materialize in technicolor 3-D when I read these penciled scratchings. Images of long-ago Christmas gifts: a Schwinn Spitfire bicycle, the first 10 volumes of the Hardy Boys, a Daisy Red Ryder BB gun, a "junior guitar" (you know it as a ukelele). Sad recollections: the death of a beloved cat, my mother in an iron lung. And observations of nature: gray, fog-shrouded saltwater, squawking sea gulls, the fish-slimy smell of jacksnelt on a dilapidated old pier in Santa Barbara, Calif.; how it felt walking

through the mud on the way home from school; the hieroglyphics of deer and skunk etched on a creek bank.

"See enough and write it down," writes novelist-essayist Joan Didion. "Then some morning when the world seems drained of wonder, some day when I am only going through the motions of what I am supposed to do — on that bankrupt morning, I will simply open my notebook and there it will all be, a forgotten account with accumulated interest, paid passage back to the world out there...."

It's instant re-immersion in the past, a new angle on the present. And winter gets you out of the starting blocks quickest. "Perhaps what moves us in winter is some reminiscence... the cold is merely superficial; it is still summer at our core, far, far

within," wrote Henry David Thoreau in his "Journals" (Jan. 15, 1855). He also noted that "the winter was made to concentrate and harden and mature the kernel of man's brain, to give tone and firmness to his thought" (Jan. 30, 1854) and that "my journal is that of me which would else spill over and run to waste" (Feb. 8, 1841).

Getting started is a snap. All you need are a blank, bound notebook and a good pen (fountain pens are best — something about the tactile grace and fluidity of writing with a fountain pen makes writing an experience as sensual as it is cerebral) and you're in business.

How to start? Record the date and write. And, since research shows it takes about 21 days to make any new behavior habitual, stick with it. Don't do any self-editing or censoring as you write. Just get the words down. As many as you can. Every day. "Write often," Thoreau urged, "write upon a thousand themes, rather than long at a time" (Nov. 11, 1851).

If you need some launching pads, try these (and use all five senses as often as you can): Write a memory of childhood. Begin with "I remember..."; write about the best meal you had this week; write an imaginary conversation with someone about something that's troubling you; describe the place you are writing in, what you see out the window, an

important person in your past; find a quotation and copy it down, then write a response to it; write in the third person occasionally, or from the point of view of a dog; write a response to a film you saw recently or something you read in the morning paper; keep running lists of books and articles you are reading and record your thoughts about them; write a word — "chalk," let's say — and see where it takes you (old school rooms, baseball diamonds, the cliffs of Dover, a pallid face). Any old thing. Because as Thoreau said, "Each thought welcomed and recorded is a nest egg, by the side of which more will be laid... perhaps this is the main value of keeping a journal" (Jan. 22, 1852).

And don't hole up indoors all winter. Take a walk in the early morning or late afternoon. On your street, in the park, along a river. "All that summer conceals, winter reveals," writes Dillard, so take notice of how things look and smell on a foggy morning, how the rain sounds and feels tapping on your nylon anorak, the texture of decayed wood, the pewter medallion that is the sun in a winter sky; pick up on bits of dialogue if other people are around; think about what you're going to do tomorrow or next week; think about what you want to do. Then write about it when you get home. Or take your journal with you and kick back on a bench or under a tree or sit at a table in your favorite cafe. But write.

Maybe you'll come up with something like Thoreau did on Feb. 12, 1854: "To make a perfect winter day like this, you must have clear sparkling air, with a sheen from the snow, sufficient cold, little or no wind; and the warmth must come directly from the sun. It must not be a thawing warmth...."

Or Annie Dillard: "Yesterday I watched a curious winter nightfall. The cloud ceiling took on a warm tone, deepened, and departed as if drawn on a leash...."

What off ramps will your winter inner traffic take? You won't know until you uncup your pen, put tip to paper and move some ink.

Doug Rennie writes a health and fitness column for Willamette Week, where a similar version of this essay recently appeared.

So what's changed?

I read the article "Facing Fear" (10.22.92) and felt shock and sadness. I wonder about these young people who are so threatened by gay people that they make gay peoples' lives a torment.

It reminded me of the plight of my Jewish ancestors who came to America to escape the oppression of "the old country." In their villages they were periodically attacked by groups of young peasants who would assault them, rob them destroy their homes.

These attacks were called " pogroms." The Jews committed the "crime" of being different — that's all — and in that, threatened the status quo. It's eerie to think: So what has changed?

Elke Rosenberg
Portland

Coyote killing at Cape Liz

Your brief account ("newsreal" 11.5.92) of the recent shooting, by a Cape Elizabeth resident, of two coyotes feeding on a deer that had been hit by a car raises some disturbing questions. Such as why Maine feels it needs an open season on coyotes when (1) it's probably safe to assume that no one actually eats them; (2) the record of coyote attacks on humans is practically non-existent; (3) proper animal husbandry can largely eliminate their threat to livestock, which is probably at least as threatened by packs of domestic dogs; (4) household pets shouldn't be running around on the loose to tempt them; and (5) a healthy coyote population could help stabilize the burgeoning deer population.

letters

Isn't it sad that we who welcome dogs into our homes as loving pets so often regard their next-of-kin as dangerous "varmints" fit only to be shot on sight? At the very least we owe them some gratitude for helping to clean up our abundant road kill.

And if, as certainly is the case on Cape Elizabeth, deer have become a major hazard to drivers and are invading our gardens in search of food, why not protect the animals that could help keep an exploding deer population in check?

One also has to ask why Cape Elizabeth, which has such strict hunting laws and only permits bow and arrow hunting of deer, has no problem with someone blasting away at other wildlife in a populated area? The saddest question of all is why

so many of us still get our kicks shooting animals for "fun"?

Susanna Jaeger
Cape Elizabeth

Fairs cruel to animals

I agree with Julia Orr's letter (11.5.92). Exotic animals on display at Cumberland Fair and Deering Oaks Family Festival is very wrong. It's depressing to see them there and it is, indeed, an unspeakably cruel environment for them to be in.

Lee Myrbek
Westbrook

Prison cuts cost taxpayers

The commissioner of the Department of Corrections is announcing the possibility of drastic cuts in the positive programs of the system. There is precious little as it is. To cut more will not bode well for society as the rate of recidivism will not go down. It costs over \$22,000 a year for the taxpayers to support a person in the custody of the Department of Corrections system. And for that \$22,000 the taxpayer gets a rate of recidivism that is way over 50 percent. Of course, the department has a vested interest in repeat business.

If you want people to change they must have access to education and rehabilitation. The 12-step program of Alcoholics Anonymous has proven that recovery is feasible, but it requires ongoing interaction with people in the program. People bring this proven program of recovery into the institution free and yet the department denies access to the new inmate. This is not going to help decrease the number of people who come back into prison after release. We are taught to be inmates.

Building more prison cells insures maintaining a dependent population. Is that what the taxpayers want? I hope not.

Cletis Beegle
Windham

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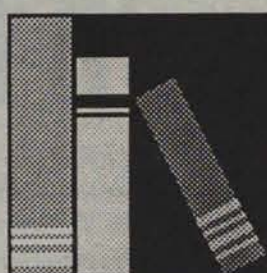
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page 28

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silver screen	18
10-day calendar	20
stage	22
concerts	22
"The Key"	23
The Second Step	24
clubs	25



Celebrating the creativity of women

The Baxter Society remembers Dorothy Healy

■ By Margot Brown McWilliams

There is, in the state of Maine — a land known primarily for its wilderness — also a profound wealth of cultural and artistic treasure. Not the least of this treasure is the Maine Women Writers Collection (MWWC) at Westbrook College.

This collection, founded by Dorothy Healy and Grace Dow, two Westbrook College faculty members, spans over two centuries of the writings of women who have lived in

Maine either full or part-time. It is unique in the country. And because it existed well before women's issues and women's studies percolated into the nation's consciousness and academic curricula, its existence at Westbrook College puts that academic institution well ahead of others in this increasingly dense field.

Continued on page 19

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Aladdin The animated tale of a poor teenage boy who wins the love of the sultan's beautiful daughter with the help of a genie (the voice of Robin Williams). Features six new songs from the late Howard Ashman, Academy Award-winning composer of "Beauty and the Beast."

Bodyguard Whitney Houston, in a daring casting move, stars as a black popular singer whose life is being threatened by a crazed fan. Not to worry, she hires an ex-secret service agent (Kevin Costner) to ensure her physical wellbeing—which he does with great alacrity.

Bram Stoker's Dracula A vampire (Gary Oldman) journeys from Transylvania to London, drawn by an innocent young woman (Winona Ryder) who is the spitting image of the love he lost four centuries earlier. The fate of mankind—not to mention that of Winona—is in the hands of one man, Van Helsing (Anthony Hopkins), a vampire slayer. But can he serve up the stakes in time? Also stars Keanu Reeves. Directed by Francis Ford Coppola.

Best Intentions Ingmar Bergman scripted this three-hour drama charting 10 years in the turbulent courtship and early marriage of a poor soured-out seminary student and a spoiled bourgeois princess—his parents. Billie August ("Pelle the Conqueror") directs.

A Brief History of Time Erol Morris' documentary is based on Stephen Hawking's life as much as it is based on his best seller of the same name. As a result the film does more than restate the physicist's theories of time and space and event horizons—it puts these issues in a human context.

The Candyman A hook-handed killer disembowels and plucks apart several people in a Chicago housing project. A university student (Virginia Madsen) believes the killer is a black man—not Sammy Davis Jr.—who was martyred a century earlier for a forbidden love.

Glengarry Glen Ross Survival of the fittest becomes survival of the sleazebag when a group of small-time, unscrupulous salesmen compete against each other to sell worthless real estate. Based on David Mamet's Pulitzer Prize- and Tony Award-winning play, Very clever, very brittle, very draining. Stars Al Pacino, Alec Baldwin and Jack Lemmon.



Here Dustin Hoffman plays a fugitive con man who rescues passengers from a plane crash. Fearing the resulting publicity will blow his cover, he lies low and watches another man (Andy Garcia) take credit for his deeds. Also stars Geena Davis. Directed by Stephen Frears ("The Grifters").

Home Alone 2: Lost in New York Careless Kevin's at it again. This time he loses his family at an airport and ends up alone for the holidays in New York City, with only his dad's credit cards to keep him warm. By a remarkable coincidence he runs into the two inept burglars he thwarted two Christmases ago. Stars Macaulay Culkin, Joe Pesci, Daniel Stern and Catherine O'Hara.

Jennifer & Andy Garcia plays a burned-out homicide detective on the trail of a psychotic serial killer who has a penchant for murdering women who are beautiful and blind. As the detective searches for clues, a beautiful blind woman who witnessed one of the crimes comes forward. Not surprisingly, the detective is soon blindsided by love. Also stars John Malkovich.



A League of Their Own In 1943, all the baseball-playing men were at war overseas and women were given their chance to play professional ball. Penny Marshall directs this comedy about the All-American Girls Professional Baseball League. Starring Geena Davis, Lori Petty, Tom Hanks and Madonna.

Malcolm X Spike Lee directs this biographical drama based on "The Autobiography of Malcolm X." Academy Award winner Denzel Washington stars as the controversial activist who began his adult life as a two-bit hustler and became the charismatic leader of the nation of Islam, famous for his calls for "necessary" violence and black separatism.

The Mighty Ducks Emilio Estevez stars as a former hockey player picked up for drunk driving. Instead of being sent to the pen, i.e., the big penalty box, he's sentenced to coach a losing pee-wee hockey team. From Stephen Herek, director of "Bill and Ted's Excellent Adventure."

Of Mice and Men An adaptation of John Steinbeck's classic novel about two itinerant laborers trying to get by in Depression-era California. Lenny Small (John Malkovich) plays a dimwit whose innocent misuse of his vast physical strength continually gets him in trouble with the law. Gary Sinise, co-founder of the Steppenwolf Theatre Company, co-stars as Lenny's quick-witted friend and protector George. Sherilyn Fenn (Audrey from "Twin Peaks") also stars.

Passenger 57 Wesley Snipes stars as an airline security expert forced to match wits with an international terrorist while the two, along with a plane load of passengers, are 40,000 feet in midair.

A River Runs Through It Robert Redford directs this adaptation of Norman Maclean's autobiographical novella about how he and his younger brother were taught the art of life through fly fishing by their Presbyterian minister father. Set in Missoula, Mo., in the first quarter of this century, "River" is an absorbing parable about accepting life's rare moments of grace in the face of its inexplicability. Brad Pitt plays the headstrong little brother. Tom Skerritt plays the fastidiously restrained father, and Emily Lloyd makes the most of her somewhat undeveloped role as Norman's love interest.

Singles Six unattached urbanites living in an apartment complex in Seattle search for love and success with varying degrees of success. Directed by Cameron Crowe ("Fast Times at Ridgemont High" and "Say Anything"). The ensemble cast includes Bridget Fonda, Matt Dillon, Campbell Scott, Kyra Sedgwick. Accurately captures the nuances of '20-something relationships—and it's funny too.



Single White Female Allison Jones' (Bridget Fonda) search for a roommate ends when the seemingly demure Hedra Carlson (Jennifer Jason Leigh) arrives on her doorstep. But this perfect setup turns into roommate hell when Hedra also moves into the most personal aspects of Allison's life, imitating the way she dresses, walks and talks, winning over her friends and attempting to seduce her boyfriend. The two characters are well developed up to a point, then SWF deteriorates into the usual bloodbath.



Sneakers A group of security experts are hired to break into "impenetrable" places to test security systems. They are led by Martin Bishop (Robert Redford), a fugitive from the '60s. When a government agency discovers Bishop's true identity, he and his "sneakers" are blackmailed into participating in a covert operation. Directed by Phil Alden Robinson ("Field of Dreams").

The Tune An animated feature recounting the struggles of a mournful toon—a songwriter with writer's block, who must write a hit in 47 minutes or lose his job. His journey to unlock his creativity leads him into a bizarre musical town, inhabited by a canine Elvis impersonator and square dancing fast food.

Traces of Red Two Palm Beach detectives (James Belushi and Tony Goldwyn) become embroiled in a murder investigation in which no one, including the cops, is above suspicion.

Under Siege A group of terrorists capture a U.S. battleship on its way to being mothballed, intending to sell its nuclear warheads. The entire skeleton crew is drugged—except for one man, a Seal and former CIA operative, played by Steven Seagal—who else? Not as mindless as one might suppose, but poorly acted through and through—except for a delightfully vicious stint by Tommy Lee Jones as the man who wants to nuke Honolulu.

what's where

Because of CBW's early publication this week, times listed below are tentative. Moviegoers are advised to confirm times with theatres.

General Cinemas

Maine Mall
Maine Mall Road, S. Portland
774-1022

Dates effective Nov 25-Dec 3

Under Siege (R)

12:50, 3, 5:15, 7:30, 9:50

Bram Stoker's Dracula (R)

1:10, 4, 7:10, 9:50

Aladdin (G)

12:30, 1, 2:40, 3:10, 4:45, 5:30, 6:45,

7:40, 8:50, 9:35

Home Alone 2: Lost in New York (PG)

12, 1:30, 2:30, 4:15, 5, 6:50, 7:35,

9:20, 10

The Bodyguard (R)

1, 3:45, 7, 10

Hoyts Clark's Pond

333 Clark's Rd., S. Portland

879-1511

Dates effective Nov 25-Dec 4

No early matinee Nov 26

A River Runs Through It (PG)

12:15, 3:40, 6:45, 9:20

Hero (PG-13)

12:30, 3:50, 7, 9:30

Traces of Red (R)

12:45, 4, 7:15, 9:40

Mighty Ducks (PG)

1, 4:25, 7:45

The Candyman (R)

10

Passenger 57 (R)

1:15, 4:35, 8, 9:50

Malcolm X (PG-13)

11:30, 11:45, 3:30, 4:15, 7:30, 8:10

Jennifer 8 (R)

12, 3:15, 6:30, 9:10

The Movies

10 Exchange St., Portland

772-9600

Matinees Sat & Sun

Best Intentions

Nov 18-Dec 1

Wed-Fri 8:30; Sat-Sun 2:30, 8:30; Mon-

Tues 8:30

The Tune

Nov 25-Dec 1

Wed-Fri 7, Sat-Sun 1, 7; Mon-Tues 7

A Brief History of Time

Dec 2-8

Wed-Fri 7:15, 9; Sat-Sun 1:15, 7:15;

Mon-Tues 7:15

Nickelodeon

Temple and Middle streets, Portland

772-9751

Dates effective Nov 25-Dec 4

Show times were unavailable when CBW

went to press

A League of Their Own (PG)

Singles (PG-13)

Single White Female (R)

Glengarry Glen Ross (R)

Sneakers (PG-13)

Of Mice and Men (PG-13)



Art & Soul continued on page 22

CREATIVITY OF WOMEN

Continued from page 17

In 1959, Grace Dow, former head of the English department, and Dorothy Healy, an administrator and teacher since 1936, recognized a certain phenomenon in the literary life of Maine: an unusual concentration of serious women writers. An urgency filled these two friends and colleagues to gather the writings of these women together. Pointing to such nationally known writers as Sarah Orne Jewett, Harriett Beecher Stowe and Edna St. Vincent Millay, they gained the approval of the college's board of trustees to begin such a collection.

The first acquisition Dow and Healy made was a first edition of Millay's "A Few Figs from Thistles." Thirty-three years later the collection represents



some 600 writers. It is comprised of over 4,000 volumes as well as letters, ephemera and memorabilia. In 1987, Dorothy Healy (who had become the collection's curator in 1967 when Grace Dow retired), announced that May Sarton would present the collection with the entire body of her published works.

Sarton, who lives in York, Maine, is widely considered to be one of the country's leading contemporary poets, novelists and writers of non-fiction.

The extensiveness and high quality of the Maine Women Writers Collection are the products of 30 years of unfailing will, effort and knowledge on the part of Dorothy Healy.

In acknowledgement of that effort and the extraordinary achievement it wrought, the Baxter Society, a book-arts club based in Portland, has published "A Passionate Intensity: The Life and Work of Dorothy Healy." This collection of 12 essays pays homage to the woman who not only created the collection, but was also one of the Baxter Society's founding

members and its second president. Contributors to the collection include James F. Dickinson, former president of Westbrook College; Francis M. O'Brien, scholar, antiquarian book dealer and author ("A Backward Look: 50 Years of Maine Books and Bookmen"); Donal Teheny, Irish scholar and lecturer; and May Sarton, a longtime friend of Healy's.

Dorothy Healy (nee Murphy) was born on March 21, 1914, on a farm in Boothbay, Maine. She was the youngest of the seven children of Abbie E. Gamage and Samuel Clark Murphy. Educated at Boston University, the young woman returned to Maine soon after her graduation in 1936 to assume a teaching post at what was then Westbrook Junior College (for women). She was 21 years old. This post, although it assumed a thousand different forms and definitions before she left it, was the only job she would hold for the rest of her life.

Healy never considered her position a job, anyway, but a matter of deep commitment. It was—aside from the family that came along later—her life's mission.

She served, in one capacity or another, under four presidents. Administrations and global wars came and went and Dorothy remained, in the words of

one president, the "glue" that held Westbrook College together. The essays cite a breadth of accomplishments, interests and humane characteristics in the makeup of Dorothy Healy. But her lasting legacy, they agree, is the MWWC. The collection, said Francis O'Brien, is "a supreme state treasure."

And it was the depth of Healy's humanity that caused people, said Peabody, to part with their treasures.

"The state of Maine has a roster of outstanding women not surpassed by any other state," said Frances W. Peabody, a contributing writer and old friend of Healy's. "And among the leaders of this company, Dorothy Healy will take her place." CBW

Make out checks for "A Passionate Intensity" to "The Baxter Society—The Dorothy Book," and address to The Dorothy Book, 15 Walton St., Portland, ME 04103. Proceeds benefit the Dorothy Healy endowment fund for purchases to the MWWC.

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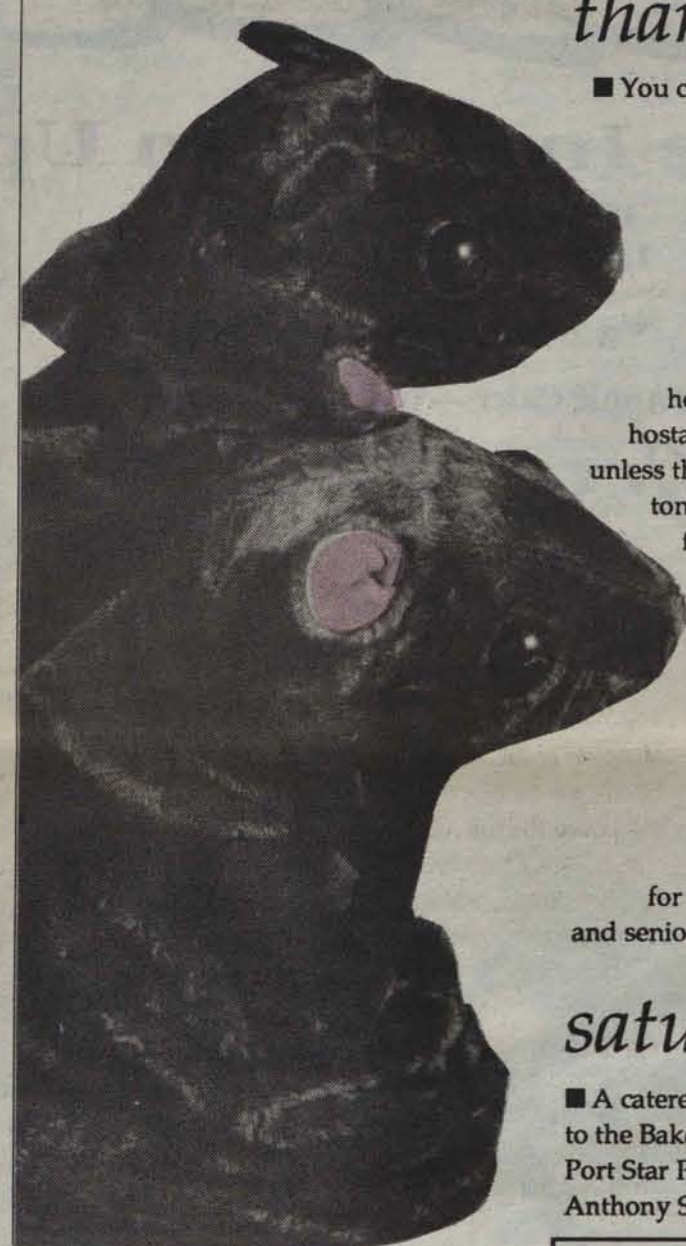
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Maine Chapter
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10~day calendar

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Submissions for Entertainment Weekly sections must be received in writing on the Thursday prior to publication. Send your Calendar and Listings information to Ellen Liburt, Casco Bay Weekly, 551A Congress St., Portland, ME 04101.



thanksgiving

■ You can run, but you can't hide.

friday 27

■ She's back... Clara's back! And she's armed. She's taken over Maine State Ballet and she's holding Uncle Drosselmeyer hostage. She won't release him unless there's a full house for tonight's performance of her favorite work, "The Nutcracker" (Clara's like that — she always has to be the center of attention). So toe the line; troupe on over to Portland City Hall Auditorium tonight at 7, and bring the loot: \$16 for adults; \$10 kids, students and seniors. 772-9671.

saturday 28

■ A catered affair: Follow your nose to the Baker's Table for dinner theater. Port Star Productions presents Anthony Shaffer's "Sleuth," the story

of a wealthy English man who, while his wife is out of town, invites her lover to dinner for a possibly deadly game. Dinner — which costs \$27.95 — is served at 7:30. Murder's never tasted so good; find it on the menu at 434 Fore St., Portland. 775-0303. ■ Rave all night long at Zootz (31 Forest Ave.) at a

sunday 29

high-energy, multimedia, underground dance orgy. "Sky High" runs from 11 p.m. till sunrise and beyond, and includes "Audio Astronaut" DJs from around the country as well as Portland's Overload and Boston's Mayhem; a "Rader" smart bar; Opulus the brainwave synchronizer; and eye-opening lighting & visuals, including films and video, a light show and fractiles (computer-generated images that look like crystals projected on the wall). Tix are \$8 in advance, \$10 same day. This rave is non-alcoholic, and is open to all ages. 773-6979.



monday 30

■ Photos find a home: Michael A. Koch explores homelessness in "A Matter of Conscience," a photo exhibit on view at Portland Photographics, 85 York St. Half the proceeds from all sales go to Maine Coalition for the Homeless. Gallery hours are 8:30-5:30, Monday through Friday. 774-6210.

tuesday 1

■ Breakfast of human rights champions: Start your day off right with John G. Healey, executive director of Amnesty International USA, who speaks this morning at a breakfast sponsored by The World Affairs Council. Healey is widely recognized for his outstanding humanitarian service; he was named person of the week by "ABC Nightly News", has been featured in Time Magazine and US News & World Report, and appears regularly on network news. Breakfast starts at 7:30 a.m. in Portland's First Parish Church Hall, 425 Congress St. Admission's free for students and WAC members, \$5 for everyone else. 780-4551.

■ Piano and soprano: Pianist Gregg Pauley, first-prize winner of the 1992 PSO-Priscilla Morneau Piano Competition, and soprano Elizabeth Nicholas debut with the Portland Symphony Orchestra tonight at 7:30 at Portland City Hall Auditorium (30 Myrtle St.). The program includes Beethoven's Piano Concerto No. 4 and Mahler's Symphony No. 4 — on which Conductor Toshiyuki Shimada will give a free, informal talk at 6:30. Tix are \$10-\$30; call 773-8191.

wednesday 2

■ Walk right in, it's around the back, just a half a mile from the railroad track: Arlo Guthrie will walk right across the Forest Avenue tracks and

into Raoul's Roadside Attraction tonight at 8. For \$14, you can get everything you want (exceptin' Alice). 773-6886.

thursday 3

■ He's wickuhd smaht: For those of you who never made it through Stephen Hawking's thin but dense book, "A Brief History of Time," the movie of the same name offers an

explanation of his theories (which will have to do until the Cliff Notes come along).

Hawking narrates the movie in the computer-synthesized sound that — because he has Lou Gehrig's disease (ALS) — is his only way of speaking. The film not only conveys Hawking's theories, but explores the life of this celebrated scientist who, 30 years ago, was given only two years to live. Pass a relatively brief amount of time at The Movies on Exchange Street tonight at 7:15 or 9. 772-9600.

friday 4

■ Morse code: Classical guitarist Kevin Morse, recently named "Ultimate Guitar Player" in the classical field by Guitar Player Magazine, performs works by composers including J.S. Bach, Agustin Barrios and Stanley Watson tonight at 8 at the Immanuel Baptist Church, Greenough Chapel, 156 High St., Portland. Tickets are \$7.50, \$5 for students, zipo for kids under age 12. 276-4039.



Give Clara the attention she deserves Friday, Nov. 27 & Saturday, Dec. 5.

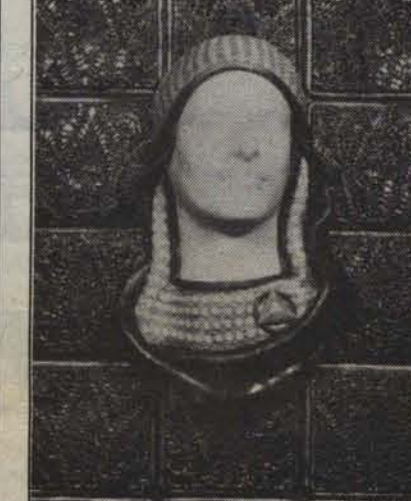
saturday 5

■ Just when you thought she was gone for another year... She's baa-aack! And this time she'll stop at nothing to be a star once more. Now Clara's taken over Portland High School, and she's not there for a history lesson. She's dancing her way through Portland Ballet's "Nutcracker." It's pretty, but it's not pretty. Tickets are \$16, \$10 for children, students and seniors. 772-9671.

cheap thrill

World AIDS Day

The figures on AIDS are staggering, and they're only getting worse. As of June 30, 1992, 230,179 cases of AIDS had been diagnosed in the United States. Of those, 152,153 people have died from AIDS. In this country, one of every 250 people is infected with HIV. AIDS is the no. 1 killer of men between the ages of 25 and 44, and the fifth leading cause of death for women in that age group.



Face AIDS Tuesday, Dec. 1.

In Maine, a total of 313 cases of AIDS have been reported. Of those, 172 have died. And it's estimated that 1,500-2,500 people are HIV infected.

The World Health Organization has designated Tuesday, Dec. 1, as the fifth annual World AIDS Day. And VISUAL AIDS — a national group of art professionals — has designated it A Day Without Art: A National Day of Action and Mourning. In Portland, this day will be marked by a sculptural tribute to AIDS patients at Portland Museum of Art. Works in the museum's first-floor atrium will be draped in black crepe paper to symbolize the toll AIDS has taken on the cultural community. Chris Reed, USM art history professor, will collaborate with students and ACT UP

THE MOVIES

NOV. 18-DEC. 1 (TWO WEEKS)

WED-FRI (11/18-20) 7
SAT-SUN (11/21-22) 2:30, 8:30
MON-FRI (11/23-27) 8:30
SAT-SUN (11/28-29) 2:30, 8:30
MON-TUES (11/30-12/1) 8:30

BEST INTENTIONS

NOV. 25-DEC. 1 (ONE WEEK)

WED-FRI 7
SAT-SUN 1, 7
MON-TUES 7

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Art & Soul continued from page 18

stage

"The Boardwalk Melody Hour Murders" at The Mystery Cafe Dinner Theatre, Verrillo's Restaurant, 155 Riverside Drive, Portland. Shows every Saturday at 8. For info and reservations call 693-3063.

"A Christmas Carol" The Children's Theatre of Maine presents Charles Dickens' ghostly holiday tale Dec 5-6, 12-13 & 19-20 — Sat 10:30 am & 2 pm, Sun 1 & 4 pm — at Waldron Auditorium, Waynflete School, Storer Street, Portland. Tix: \$6. 874-0371.

"The Firebird" The Bennington Marionettes perform Nov 28 — Sat 3 pm — at the Center for the Arts at the Chocolate Church, 804 Washington St. Bath. Tix: \$10, \$8 students, \$6 kids. 442-8455.

"The Foreigner" Portland Players presents this romp about a group of people dealing with a stranger who (they think) knows no English Nov 27-29, Dec 4-6 & 11-12 — Fri-Sat 8 pm, Sun 2:30 pm — at 420 Cottage Rd, S. Portland. Tix: \$13. 799-7337.

"For the Holidays" The Theater Project presents an evening of upbeat Yuletide songs, skits, poetry, comedy and drama Dec 4-6 & 10-13 — Thurs-Sat 8 pm, Sun 2 pm — at 14 School St, Brunswick. 729-8584.

"Holiday Memories" Portland Stage Company presents a special holiday show based on Truman Capote's "The Thanksgiving Visitor" and "A Christmas Story" Dec 1-20 — Tues-Thurs 7:30 pm; Fri 8 pm; Sat 4 & 8 pm; Sun 2 & 7 pm — at Portland Performing Arts Center, 25A Forest Ave, Portland. Tix: \$12-\$20. 774-0465.

"The Key" Vintage Repertory Company presents a one-act play based on Joyce Carol Oates' tale of a middle-aged man and woman on vacation in the Caribbean Dec 2-6 — Wed 8 pm — at cafe no, 20 Danforth St, Portland. Tix: \$6. 772-8114.

"Let's Play School" Sesame Street Live presents this rollicking production with all your puppet friends Dec 3-6 — Thurs 7 pm; Fri 10:30 am & 7 pm; Sat 10:30 am, 2 pm & 5:30 pm; Sun 2 pm — at Cumberland County Civic Center, 1 Civic Center Square, Portland. Tix: \$9.50, \$7.50.

"A Most Happy Fella" The Portland Lyric Theater presents a musical about an elderly man who adventures for a wife using a younger man's photo Nov 27-29 and Dec 4-6 — Fri-Sat 8 pm, Sun 2:30 pm — at 176 Sawyer St, S. Portland. Tix: \$12. 799-1421.

"Mr. Mojo Rises" The Dionysian Players present the poetry of Jim Morrison Nov 27-28 — Fri-Sat 8 pm — at The Oak Street Theatre, 92 Oak St, Portland. Tix: \$9, \$5 students. 773-2313.

"Noir Suspensions" at The Mystery Cafe Dinner Theatre, Verrillo's Restaurant, 155 Riverside Drive, Portland. Shows every Saturday at 8. For info and reservations call 693-3063.

"The Nutcracker" Yes, it's that time again. The Maine State Ballet presents this holiday classic Nov 27-29 — Fri-Sat 2 & 8 pm, Sun 2 pm — at Portland City Hall Auditorium, 30 Myrtle St, Pld. Tix: \$8-\$18. Open dress preview Nov 25 at 7 pm (\$8). 878-3032.

"The Red Address" Mad Horse Theatre Company presents David Ives' drama, which follows one man's search for identity and explores the boundaries of gender Nov 27-Dec 13 — Thurs-Sat 8 pm, Sun 7 pm — at 955 Forest Ave, Portland. Tix: \$16, \$14 kids and seniors. 797-3338.

"Road to Mecca" LA Public Theater presents Athol Fugard's study of an old woman's struggles to express herself as an individual Nov 27-Dec 6 — Thurs-Sat 8 pm, Sun 2 — at 31 Maple St, Lewiston. Tix: \$10. 782-3200.

"Sixth" PortStar productions serves up dinner theater at The Baker's Table Restaurant, 434 Fore St, Portland. Shows every Saturday at 7:30. Tix: \$27.95 (includes dinner). 775-0303.

"Waiting on a Ghost" USM's Theater Department presents this spoof on making life decisions Dec 4-11 — Mon-Sat 7:30 pm, Sun 5 pm — at Russel Hall, USM/Gorham. Tix: \$4. 780-5483.

auditions

Royal River Players needs at least four men and four women for their Reader's Theatre Christmas production to be performed Dec 11-12. Rehearsals are scheduled for Thurs evenings and Sat afternoons. For more info call 846-4740.

concerts

saturday 28

Home for the Holidays (Christmas) 7:30 pm, St. Maximilian Kolbe Church, Blackpoint Road, Scarborough. Tix: \$10, \$5 seniors and students. 772-2152.

Old Time Radio Gang (country) 7:30 pm, Saoo River Grange Hall, Salmon Falls, Bar Mills. Tix: \$7, \$5 seniors and kids. 929-8472.

tuesday 1

Gregg Pauley and Elizabeth Nicholas with P50 (classical) 7:30 pm, Portland City Hall Auditorium, 30 Myrtle St, Portland. Tix: \$30, \$24, \$18, \$10. 773-8191 or 800-639-2309.



Skip Emerson (Edwin) introduces himself to Charlotte Tragard (Melissa).

"The Key" to what?

Vintage Rep leaves questions unanswered

■ By John Philbrick

Portland's Vintage Repertory Company (VRC) has a strong and deserved reputation for quality theater. But the company's current production of "The Key," a one-act by Joyce Carol Oates, doesn't measure up to their usual standards.

"The Key" is the story of a middle-aged man and woman who meet on a bar patio while vacationing on St. Kitts. Charlotte Tragard plays Melissa, the nervous, doughy woman from Minneapolis who wants this vacation to add some excitement to her unhappy life. Melissa adopts the name "Angelina" and mixes some unidentified pills with her drinks to nudge herself into feeling free and guiltless. Skip Emerson is Edwin, a painfully loud, boorish racist who can't think beyond his next drink or the delights of Angelina's chest.

Through the play, the two drink and almost/sorta/kinda reveal their pasts, fears and desires while being interrupted occasionally by a waiter, played by Anthony Allen. Both Angelina and Edwin are reluctant to divulge themselves to each other, and fill the conversation with meaningless dialogue about the moon and the strength of their drinks. Edwin is obsessed with carnal desire; Angelina waffles between languid acceptance and nagging self-doubt.

Various problems plague the production. One is the play itself. It's short, barely 30 minutes, and that isn't a lot of time to develop a plot and

characters and bring them to a satisfying conclusion. The piece is also deliberately ambiguous in spots, allowing the audience to participate by filling in the blanks through its imagination. Is Melissa/Angelina married? Does Edwin have children? Will they at least answer one question directly?

But all the blame cannot be laid on the play. The acting was uneven and both Emerson and Tragard were listless in their performances. Emerson particularly slipped into the old actor's trap of substituting volume for emotion. Anthony Allen, in the thankless role of the harried waiter, was a bit stiff.

The major problem with this show, however, is the lack of directorial commitment. Director Jane Bergeron doesn't point the characters or the audience in any specific direction, allowing both to become confused. At

times, Edwin and Angelina speak over each other in a jumble of unintelligible lines that leaves the audience lost and disinterested.

Explained Bergeron, "I wanted the audience to draw its own conclusions, particularly about the surprise ending."

There is nothing wrong with choosing this path as long as the path is clearly marked. But it isn't. The result is that all the unanswered questions become a puzzle with no instructions, leaving the audience bewildered and, ultimately, disappointed. CBW

stage

Vintage Repertory Company stages Joyce Carol Oates' "The Key," a one-act vignette, every Wednesday through Dec. 9 at cafe no, 20 Danforth St. 772-8114.

upcoming

Bellamy Jazz Band 12/4/92 (holiday) 3:30 pm, at Portland Museum of Art's lighting of the copper beech tree on High St, between Spring St and Congress St, Portland. 775-6148.

Castelley 12/4/92 (holiday folk) 8 pm, Unitarian Church, Pleasant St, Brunswick. Tix: \$5, \$4 children, in advance; \$6, \$5 children, at door. 529-5438.

SMILE, Rustle Overtones and the Bees 12/5/92 (original rock) 7:30 pm, Gorham Student Center, USM/Gorham. Tix: \$5 in advance, \$6 at door. 892-9982.

Choral Art Society 12/6/92 (holiday) 2:30 & 7 pm, Cathedral of the Immaculate Conception, 307 Congress St, Portland. Tix: \$12, \$8 seniors and students. 828-0043.

Vienna Choir Boys 12/9/92 (holiday) 7:30 pm, Portland City Hall Auditorium, 30 Myrtle St, Portland. Tix: \$10, \$17, \$23, \$28. 772-8630.

Bruce Fithian & Friends 12/11/92 (Medieval/Renaissance holiday) 8 pm, Cornwell Concert Hall, USM/Gorham. Tix: \$8, \$4 seniors and students with ID. 780-5555.

Art & Soul continued on page 25

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The Second Step member Mark Henry: "The main message for us is unity. We want to get rid of racial stereotypes, division and separatism."

Photo/Miller Genuine Draft Band Network

Feed your ears with funk-rock

The Second Step cooks up a post-Thanksgiving feast

By Patti Lanigan

"The Second Step is the funkier funk band around with the baddest horn section," said Bill Beasley, part-owner of Granny Killam's Industrial Drinkhouse. An eight-piece band from New York City, The Second Step cooks up a smoking blend of funk-rock spiced with Motown, rhythm and blues, ska, reggae and jazz. Each serving sizzles with solid musicianship, charisma and the infectious energy of people who love what they do. The band plays 200 gigs a year from Boca Raton to Portland and has opened for Public Enemy, Toots and the Maytals, Jimmy Cliff, Natalie Cole and Throwing Muses.

Rap is bringing back funk because of sampling music of masters like James Brown, according to Mark Henry, sax player and vocalist for the group, who has played with such jazz heavyweights as David Sanborn, Michael Brecker, George Benson and Earl Klugh. "But people have changed, and so has funk. Funk in the '70s was what those people felt. We need to play it now — to take elements from the funk of the old days and incorporate sounds that reflect the changes in music since then."

The skilled, versatile musicians of The Second Step bring varied musical preferences to collaborative songwriting.

You'll find yourself moving to the thick, juicy bass and drum grooves produced by Wayne Hammond and Ivan Katz. You'll shake your head in disbelief at Stan Pillis' technically amazing and twisted guitar work. You'll wish you'd kept that high school band horn when you hear the punch and soul in the ensemble work and solos of the horn section (trombonist Josh Rabinowitz, saxophonist Mark Henry and trumpeter Tim Champeaux). Your ears will be tickled

by keyboard player Etienne Lytle, a recent guest on "The Arsenio Hall Show." And you'll be charmed and challenged by the power and range of Miriam Phifer's lead vocals.

Put it all together, and you'll have so much fun you'll at least want seconds or thirds.

"Our goal is to get everybody moving," said Rabinowitz. "We feel our music is authentic. We're just playing funky because that's who we are. We hope everybody digs that, and we can just all get down." The Second Step plays in Portland every eight weeks, filling Granny Killam's, getting people dancing and sometimes inviting a local player onstage for a couple of tunes. The band has a big sound and a big spirit. Band members say the Portland audience has a good, enthusiastic vibe, and that this city is one of their favorite places to play.

music

The Second Step performs
Friday, Nov. 27 at Granny
Killam's Industrial
Drinkhouse, 55 Market St.,
Portland. 761-2787.

want to make good music that will, hopefully, unite people who are divided for no reason." The Second Step's message shines through the band's stage presence and the lyrical content of their music.

The Second Step is currently recording a 10-song CD, which they're hoping will result in widespread airplay and a recording contract. "Hopefully, we can get the Brooklyn funk masters here a lot before they make it big," said Beasley. "The audience goes crazy. There's dancing all through the room. The Second Step is definitely the premiere band to go out and see to burn off those extra calories from Thanksgiving," he added. "Consume all you want and check out The Second Step." **CW**

Art & Soul continued from page 23

concerts

Ward Center Choir and the Lewiston-Auburn Youth Orchestra 12/11/92 (holiday) 7:30 am, Bates College Chapel, Lewiston. Tix: \$5, \$3 seniors and students with ID. 786-6330.

Babatunde Olatunji 12/12/92 (African drumming) 6:30 & 9:30 pm, First Parish Church, 425 Congress St., Portland. Tix: \$15, \$12 seniors and kids. 761-0591.

Maine's Gay Men's Chorus 12/13/92 (holiday) 3 pm, First Parish Church, 425 Congress St., Portland. Tix: \$8 in advance, \$10 at door. 773-5747.

clubs

thursday 26

The Sense (rock) Moose Alley, 46 Market St., Portland. 774-5246.

Midnight Rider (Southern rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Laser Karaoke with Rocket Rusty (karaoke) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Open Mic with Jeremy Lester (acoustic) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave., Portland. 775-1944.

Deejay Dale Charles (tribal, techno trance master) Zootz, 31 Forest Ave., Portland. 773-8187.

friday 27

Boneheads (pop/rock) The Barking Spider, 94 Maine St., Brunswick. 721-9662.

Phil Gillison (acoustic) Bramhall Pub, 769 Congress St., Portland. 773-9873.

The Roxbury Blues Aesthetic (jazz) cafe no. 20 Danforth St., Portland. 772-8114.

Double Shot (mystery band) Chappies, 1192 Forest Ave., Portland. 797-9155.

Giant Metal Insects and Scream Her (original grunge/hard rock) Geno's, 13 Brown St., Portland. 772-7891.

Second Step (New York City funk) Granny Killam's Industrial Drinkhouse, 55 Market St., Portland. 761-2787.

Airbus (Dead cover) The Living Tree Culture Club, 45 Danforth St., Portland. 874-0022.

The Bicycle Thieves (alternative rock) Moose Alley, 46 Market St., Portland. 774-5246.

Midnight Rider (Southern rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Pousette-Dart Band (pop/rock) Raoul's Roadside Attraction, 865 Forest Ave., Portland. 773-6886.

TBA Repetes, 128 Free St., Portland. 774-1114.

Sweet Surrender (rock) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Jenny Woodman (rock) T-Birds, 126 N. Boyd St., Portland. 773-8040.



Blue period: Roxbury Blues Aesthetic (RBA) is an eight-piece jazz orchestra that combines the flavors of the Roxbury underground with classical jazz styles. Their repertoire includes originals by band member Salim Washington (formerly of Billy Skinner's Double Jazz Quartet), as well as compositions by Charles

Marc Brann (acoustic) Tipperary Pub, Sheraton Tara Hotel, S. Portland. 775-6161.

Critical Mass (metal) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave., Portland. 775-1944.

Twisted Roots, Blenderhead and Between Dreams (rock/grunge/funk) Zootz, 31 Forest Ave., Portland. 773-8187.

saturday 28

Boneheads (pop/rock) The Barking Spider, 94 Maine St., Brunswick. 721-9662.

Phil Gillison (acoustic) Bramhall Pub, 769 Congress St., Portland. 773-9873.

The Roxbury Blues Aesthetic (jazz) cafe no. 20 Danforth St., Portland. 772-8114.

Double Shot (mystery band) Chappies, 1192 Forest Ave., Portland. 797-9155.

Dress Left (original rock/jazz fusion) Geno's, 13 Brown St., Portland. 772-7891.

Shockra (jazz psychedelic funk) Granny Killam's Industrial Drinkhouse, 55 Market St., Portland. 761-2787.

Rockin' Vibration (reggae) The Living Tree Culture Club, 45 Danforth St., Portland. 874-0022.

The Bicycle Thieves (alternative rock) Moose Alley, 46 Market St., Portland. 774-5246.

Midnight Rider (Southern rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Jimmy & The Soul Cats (Chicago blues) Raoul's Roadside Attraction, 865 Forest Ave., Portland. 773-6886.

TBA Repetes, 128 Free St., Portland. 774-1114.

Sweet Surrender (rock) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Jenny Woodman (rock) T-Birds, 126 N. Boyd St., Portland. 773-8040.

Chris O. Quintet (pop/rock) Tipperary Pub, Sheraton Tara Hotel, S. Portland. 775-6161.

Critical Mass (metal) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave., Portland. 775-1944.

Sky High Rave (underground dance party) Zootz, 31 Forest Ave., Portland. 773-8187.

sunday 29

Open Jazz Jam with Steve Grover (jazz) cafe no. 20 Danforth St., Portland. 772-8114.

D.J. Landry (acoustic rock) Geno's, 13 Brown St., Portland. 772-7891.

Deejay Oscar (worldbeat/'80s & '70s rock) The Living Tree Culture Club, 45 Danforth St., Portland. 874-0022.

Lime Rockets (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Paul Sullivan (classical/jazz piano) Raoul's Roadside Attraction, 865 Forest Ave., Portland. 773-6886.

Headliner Comedy Night with Bob Lazarus & guests (comedy) T-Birds, 126 N. Boyd St., Portland. 773-8040.

Solstice (acoustic & electric) Wharf's End, 52 Wharf St., Portland. 773-0093.

Art & Soul continued on page 26

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Art & Soul continued from page 25

clubs

monday 30

The Dave & Steve Show (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Open Mic with Randy Morabito (b.y.o.) Raoul's Roadside Attraction, 865 Forest Ave., Portland. 773-6886.

Open Mic with Ken Grimale (acoustic) Wharfs End, 52 Wharf St., Portland. 773-0093.

tuesday 1

State Street Traditional Jazz Band (New Orleans jazz) Cebelle's Bistro, 57 Wharf St., Portland. 775-6267.

DeeJay Oscar (worldbeat/'60s & '70s rock) The Living Tree Culture Club, 45 Danforth St., Portland. 874-0022.

Lime Rockets (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

Ario Guthrie (folk) Raoul's Roadside Attraction, 865 Forest Ave., Portland. 773-6886.

Open Mic Night with Peter Gleason (acoustic) Spring Point Cafe, 175 Pickett St., S. Portland. 767-4627.

Ken Grimale (acoustic & electric) Wharfs End, 52 Wharf St., Portland. 773-0093.

Smashing Orange (middlebrow, rockin' vibration and RC & the Imperials) (literate rock/reggae/blues) Zootz, 31 Forest Ave., Portland. 773-8187.

wednesday 2

Open Mic with Jesse James (b.y.o. acoustic) Geno's, 13 Brown St., Portland. 772-7891.

Dammit Jim, X-Men, Jesse James and Substitut (power pop/funk rock) The Living Tree Culture Club, 45 Danforth St., Portland. 874-0022.

Bechelor's Night (topless) Moose Alley, 45 Market St., Portland. 774-5246.

Lime Rockets (rock) Old Port Tavern, 11 Moulton St., Portland. 774-0444.

BeBop Jazz Ensemble (jazz) The Porch Restaurant, 20 Custom House Wharf, Portland. 772-5575.

Ario Guthrie (folk) Raoul's Roadside Attraction, 865 Forest Ave., Portland. 773-6886.

TBA Repetes, 128 Free St., Portland. 774-1114.

Open Mic Night with Damien (plugged-in) T-Birds, 126 N. Boyd St., Portland. 773-8040.

Open Mic Night with The Cool Whips (b.y.o. jam) The Wrong Brothers' Pub at Port Billiards, 39 Forest Ave., Portland. 775-1944.

dancing

Gotta Dance, Inc., locations to be announced. Smoke and chem-free dances with swing, Latin & ballroom music Fridays from 9-12 pm & Sundays from 3-6 pm. \$5. 773-3558.

The Living Tree Culture Club, 45 Danforth St., Portland. African, world beat, reggae and alternative rock. Open Tues-Sun. 874-0022.

Maine Ballroom, 614 Congress St., Portland. Every Sat 9-midnight. Cost: \$5. No reservations required. 773-0002.

The Moon, 425 Fore St., Portland. Open nightly, 8 pm on... Naked Thursdays: no cover, drinks \$1.25 & drafts 25¢; Fri-Sat until 3 am; Sun-Mon: chem free. Cover: \$3. 772-1983.

Salutes, 20 Milk St., Portland. Open nightly until 1 am. No cover. 774-4200.

T-Bird's, 126 N. Boyd St., Portland. Sun: comedy night; weekdays: special events; Fri & Sat: rock & roll, dance. 773-8040.

Wherehouse Dance Club, 29 Forest Ave., Portland. Progressive music. Fri: chem free, all ages with deejay; Sat: women's night from 9-11 with deejay Deb. 874-9770.

Zootz, 31 Forest Ave., Portland. Wed: chem-free; Thurs: cutting edge dance; Fri: live national acts; Sat: deejay till 2:30 am, live at The Cave; Sun: request night. 773-8187.

Portland Chamber of Commerce 145 Middle St., Portland. Photographs of Germany by Tama Silverstein Louder. On view through Dec 1. Gallery hours: Mon-Fri 8-5. 772-2811, ext. 223.

Portland Museum of Art Seven Congress Square, Portland. Hours: Tues, Wed, Fri & Sat 10-5, Thurs 10-9, Sun 12-5. Admission: adults \$3.50, senior citizens and students with ID \$2.50, youth 6-18 \$1, children 5 and under are free. Museum admission is half-price 10-noon Saturday. 773-2787.

***Artists You Love: Monet, Renoir and Other Masters** Works by European masters of the past two centuries from the Joan Whitney Payson Collection and other private lenders.

***The Art of Discovery** An exhibition of maps from the age of exploration: Through Dec 13.

***Ansel Adams: The Early Years** Seventy-seven rare photographs, including some of Adams' earliest work at Yosemite. Showing through Feb 7.

***The Scott M. Black Collection** A sampling from Scott Black's 19th- and 20th-century paintings and sculptures, including works by Chagall and Toulouse-Lautrec.

art

opening

The Art Gallery at Six Deering Street 6 Deering St., Portland. Opening reception Dec 4 from 6-9 and open house Dec 5 from 11-5 for 'The Christmas Show,' the paintings of Bill Barton, Sylvia Murdoch and Monique Sakellarios. Gallery hours: Tues-Sat 11-5 the first two weeks of the month; thereafter by chance or appointment. 772-9605.

Congress Square Gallery 42 Exchange St., Portland. Opening reception Dec 1 from 5-7 for 'Painter's Pieces,' the paintings of Heidi Prior Gerquest and holiday works by gallery artists, including Melita Brecher, Philip Barter, Margaret Gerding, Henry Isaacs, John Muench, and Paul Niemiec showing from Dec 1-Jan 10. Gallery hours: Mon-Sat 10:30-5. 774-3369.

R.N. Cohen Gallery 547 Congress St., Portland. Opening reception Nov 27 from 5-9 and open house Nov 28-29 from 10-8 for recent paintings and limited edition prints by R.N. Cohen. Showing through Dec 23. Gallery hours: Mon-Fri 10:30-30, Sat-Sun 10-4. 772-0633.

The Trove Gallery 112 High St., Portland. Opening reception Nov 27 from 12-5 for 'Images and Objects,' the work of 20 artists. On view through Dec 24. Gallery hours: Thurs 5-8, Fri-Sat 12-5, Sun 12-4. 772-1961.

Portland Photographics 85 York St., Portland. 'A Matter of Conscience,' the photos of Michael A. Koch. Maine Coalition for the Homeless receives a portion of the proceeds from sales. Through December. Hours: Mon-Fri 8:30-5:30, 774-6210.

Portland Wine and Cheese Co. 57 Exchange St., Portland Oil paintings by Al Waterman and watercolors by Frieda Lundberg. Through Dec 31. Hours Mon-Sat 10-2. 772-4647.

The Seamen's Club Restaurant 1 Exchange St., Portland. 'Spiritual Gardens,' the work of Joyce Coyne and Chris Sheridan. Through November. Hours: 11-11. 772-7311.

The Spirited Gourmet 142 St. John St., Portland. 'Photographic Fascination: A Debut Presentation of Black and White Photographs by Art Students of Charles B. Melcher,' showing through Dec 20. Hours: Mon-Fri 10-6, Sat 10-5. 773-2919.

The Stein Gallery 20 Milk St., Portland. 'North Carolina Glass Show,' new work from 15 new artists, showing through November 30. 'Blown Glass Show,' blown glass from all over the United States, shows from Dec 1-Jan 15. Gallery hours: Mon-Sat 11-6, Sun 11-5. 772-9072.

Thos. Moser Cabinetmakers 415 Cumberland Ave., Portland. 'Heavenly Works,' a show of mixed media angel imagery showing through Jan 30. Hours: Mon-Sat 9-5. 774-3791.

African Imports and New England Arts 1 Union St., Portland. Original artwork & advice to collectors. Hours: 10-9 Mon-Sat, 12-6 Sun. 772-9505.

AREA Gallery Campus Center, USM/Portland. Paintings and drawings by Camille Cole. Showing through Dec 18. Gallery hours: Mon-Fri 7-10, Sat-Sun 10-7. 780-4718.

The Barker Gallery Maine College of Art, 619 Congress St., Portland. 'Balancing Acts: Designs on Art,' the work of eight American graphic designers. Through Dec 18. Gallery hours: Tues-Sun 11-4, Thurs 11-9. 775-5152.

Danforth Art Gallery, The Maine Artists' Space 4 Danforth St., Portland. 'Can Do,' the work of artists who work in or are clients of Community Support Services, a community program serving people with disabilities. Gallery hours: Tues-Sat 11-5. 775-6245.

Free Street Studio 8 City Center, Portland. Sculpture by Karen Dow, paintings of Chris Mir and paintings and sculpture by Lyn Mir. Through November. Gallery hours: Mon-Sat 10-7, Sun 12-5. 774-1500.

Free Gallery 411 Congress St., Portland. Work of gallery artists. Gallery hours: Mon-Fri 12-6, or by appointment. 773-2555.

Greenhut Galleries 146 Middle St., Portland. 'Portland Show,' new works by Nancy Brown, Thomas Connolly, Jane Dahmen, Alison Goodwin, Connie Hayes, Sarah Knack and Glenn Renell. Through Dec 25. Gallery hours: Mon-Fri 10-5:30, Sat 10-5. 772-2693.

Jeweler's Work 30 Exchange St., Portland. New works by Teresa Mowery, Sally Webb, Martha Sullivan, Rachel Alvarez, Elizabeth Prior, Elizabeth Nowers, Julie Fitzgerald and more. No set gallery hours.

Jewell Gallery 345 Fore St., Portland. Impressionist and realist oils and watercolors by Bill Jewell, Cynthia McMullin and other local artists. Stained and painted glass by Bill Jewell and Burt Weiss. On view through November. Gallery hours: Mon-Sat 10-5, or by appointment. 773-3334.

Katadhin Restaurant 106 High St., Portland. The works of Don Cain through Dec 1. Hours: Mon-Thurs 5-10, Fri-Sat 5-11. 774-1740.

Maine Coastal Service Gallery 4 Milk St., Portland. 'Maine Business/Art '92' an exhibit of Cibaachrome prints of 11 local commercial photographers. On view through Dec 15. Gallery hours: Mon-Fri 8:30-5:30. 774-4300.

Nancy Margolis Gallery 367 Fore St., Portland. Decorative arts, featuring a fiber show with pieces by Cynthia Boyer and Randy Darwall; a Menorah exhibition, including work by Gene Wilson and Lynne Jacobs; and a children's exhibition with child-scale versions of ceramic tableware, furniture, jewelry and toys. Through Dec 15. Gallery hours: Mon-Sat 10-9, Sun 11-5. 775-3822.

Meander Gallery 40 Pleasant St., Portland. 'Country in Mind: The Spirit of Aboriginal Australia,' showing through Jan 31. Gallery hours: Tues-Sat 12-6, or by appointment. 871-1078.

On Balance 4 Milk St., Portland. 'An Intimate Portrait of the People of Nepal,' photos by Marj Greenhut. Showing through Dec 8. Hours: Mon-Sat 9-1, and by appointment. 772-9612.

The Photo Gallery Maine College of Art, 619 Congress St., Portland. The photos of Edward Curtis. Showing through Dec 18. Gallery hours: Mon-Thurs 8:30 am-9:30 pm, Fri 8:30-5, Sat-Sun 11-4. 775-3052.

Pine Tree Shop & Bayview Gallery 75 Market St., Portland. 'Portland: Yesterday and Today,' new and old views of Portland. Through Nov 30. Gallery hours: Mon-Sat 9:30-5:30. 773-3007.

Portland Chamber of Commerce 145 Middle St., Portland. Photographs of Germany by Tama Silverstein Louder. On view through Dec 1. Gallery hours: Mon-Fri 8-5. 772-2811, ext. 223.

Portland Museum of Art Seven Congress Square, Portland. Hours: Tues, Wed, Fri & Sat 10-5, Thurs 10-9, Sun 12-5. Admission: adults \$3.50, senior citizens and students with ID \$2.50, youth 6-18 \$1, children 5 and under are free. Museum admission is half-price 10-noon Saturday. 773-2787.

***Artists You Love: Monet, Renoir and Other Masters** Works by European masters of the past two centuries from the Joan Whitney Payson Collection and other private lenders.

***The Art of Discovery** An exhibition of maps from the age of exploration: Through Dec 13.

***Ansel Adams: The Early Years** Seventy-seven rare photographs, including some of Adams' earliest work at Yosemite. Showing through Feb 7.

***The Scott M. Black Collection** A sampling from Scott Black's 19th- and 20th-century paintings and sculptures, including works by Chagall and Toulouse-Lautrec.

Portland Photo Co-Op 547A Congress St., Portland. 'Trip to Bath,' Polaroids and prints by Amy Ray and Eric Brown. Showing through Dec 10. Gallery hours: Tues-Sat 10-6.

Portland Photographics 85 York St., Portland. 'A Matter of Conscience,' the photos of Michael A. Koch. Maine Coalition for the Homeless receives a portion of the proceeds from sales. Through December. Hours: Mon-Fri 8:30-5:30, 774-6210.

Portland Wine and Cheese Co. 57 Exchange St., Portland Oil paintings by Al Waterman and watercolors by Frieda Lundberg. Through Dec 31. Hours Mon-Sat 10-2. 772-4647.

The Seamen's Club Restaurant 1 Exchange St., Portland. 'Spiritual Gardens,' the work of Joyce Coyne and Chris Sheridan. Through November. Hours: 11-11. 772-7311.

The Spirited Gourmet 142 St. John St., Portland. 'Photographic Fascination: A Debut Presentation of Black and White Photographs by Art Students of Charles B. Melcher,' showing through Dec 20. Hours: Mon-Fri 10-6, Sat 10-5. 773-2919.

The Stein Gallery 20 Milk St., Portland. 'North Carolina Glass Show,' new work from 15 new artists, showing through November 30. 'Blown Glass Show,' blown glass from all over the United States, shows from Dec 1-Jan 15. Gallery hours: Mon-Sat 11-6, Sun 11-5. 772-9072.

Thos. Moser Cabinetmakers 415 Cumberland Ave., Portland. 'Heavenly Works,' a show of mixed media angel imagery showing through Jan 30. Hours: Mon-Sat 9-5. 774-3791.

African Imports and New England Arts 1 Union St., Portland. Original artwork & advice to collectors. Hours: 10-9 Mon-Sat, 12-6 Sun. 772-9505.

AREA Gallery Campus Center, USM/Portland. Paintings and drawings by Camille Cole. Showing through Dec 18. Gallery hours: Mon-Fri 7-10, Sat-Sun 10-7. 780-4718.

The Barker Gallery Maine College of Art, 619 Congress St., Portland. 'Balancing Acts: Designs on Art,' the work of eight American graphic designers. Through Dec 18. Gallery hours: Tues-Sun 11-4, Thurs 11-9. 775-5152.

Danforth Art Gallery, The Maine Artists' Space 4 Danforth St., Portland. 'Can Do,' the work of artists who work in or are clients of Community Support Services, a community program serving people with disabilities. Gallery hours: Tues-Sat 11-5. 775-6245.

Free Street Studio 8 City Center, Portland. Sculpture by Karen Dow, paintings of Chris Mir and paintings and sculpture by Lyn Mir. Through November. Gallery hours: Mon-Sat 10-7, Sun 12-5. 774-1500.

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AREA Gallery Campus Center, USM/Portland. Paintings and drawings by Camille Cole. Showing through Dec 18. Gallery hours:

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Art & Soul continued from page 27

wellness

Freedom & Energy in Movement A non-profit dance group meets Mon. eves at 6 pm in the Elm Street United Methodist Church, 168 Elm St., S. Portland. Children are welcome. Donations. 799-1902.

Friends of the Western Buddhist Order invite all interested individuals to a period of meditation and study of Buddhist concepts and practice. Meetings are on Mon. eves, from 7:15-9:15 pm. 642-2128.

Hatha Yoga for People with AIDS is available every Wed and Fri from 12:45-2 pm at 22 Monument Square, Portland. Cost: \$1, for those who can afford it. 797-5684.

Healing Support Group A safe environment for those experiencing personal traumas, addiction, grief, loss of good health, and who seek support within a context of mutual sharing. Tuesdays from 5:30-7:30 pm at Brighton Medical Center, Surgical Conference Room, 335 Brighton Ave., Portland. 767-3262.

Heartline Cardiac Rehabilitation USM Lifeline offers an exercise program for people who have had a heart attack, angina, bypass surgery or angioplasty or are at risk for heart disease. Classes are ongoing Mondays, Wednesdays and Fridays at 7:30 am and 6 pm at Portland Campus Gym, Falmouth St., Portland. 780-4649.

Intuition Workshop Aziza Scott teaches how to develop natural intuitive abilities using Sufi meditation. Dec 5 from 10 am-5 pm at the Expressive Therapy Center, 150 St. John Street, Portland. Cost: \$30. 657-2605.

Kinesiology The Center for Kinesiology hosts an open house/holiday party Dec 6 from 2-5 pm at 44 Exchange St., Portland. Individual sessions and professional training are also available at the center. 871-8554.

My Choice Pregnancy Resource Ctr offers counseling, referrals and housing for women and teens experiencing an untimely pregnancy. Counseling focuses on the options of parenting or adoption. A birth mother support group is offered to any woman who surrendered a child for adoption or is considering doing so. 772-7555.

Kripalu Yoga Holiday Classes with Kim Chandler Dec 1-18. 772-9612.

Natural Foods Solutions Learn all about the purchase and preparation of whole foods vegetarian meals in your home. 774-8889.

Planned Parenthood Free pregnancy testing and male services now offered at Planned Parenthood's 500 Forest St clinic in Portland. Other confidential services include birth control, pregnancy tests, pap smears, STD screening and treatment. Also Teen Walk-In Clinic. Fri, 1-4:30 pm and Sat, 9 am-noon. Fees based on ability to pay. 874-1095.

Pulmonary Rehabilitation USM Lifeline offers a program designed for individuals with various lung diseases Tues and Thurs from 11:15-noon at the USM Portland Campus Gym, Falmouth St., Portland. 780-4170.

Sahaja Yoga Meditation Experience thoughtless awareness Wednesdays at 7 pm in the Faculty Lounge, USM at Portland. Free. 799-5749.

Singing Meditation Meet Tues from 8-9 in Falmouth to sing rounds, chants and songs. 761-0944.

Spinal Exams Chiropractors in Partnership with the Community offer free exams in exchange for canned goods and clothing which will be donated to the Portland Preble Street Resource Center. 879-5433 (Portland), 846-1481 (Yarmouth) or 883-5549 (Scarborough).

Stress Management Course Better Way Chiropractic offers free workshops every Wed at 7 pm at 2063 Congress St., Portland. Call 879-5433 to RSVP.

Sufi Meditation Join the Portland Sufi Order for meditation sessions based on the works of Hazrat Inayat Khan and Pir Vilayat Inayat Khan. Experienced teachers offer sessions working with creative visualization, breath, sound, light and divine qualities. Sessions ongoing and open to all, no experience necessary. Bring a meditation pillow or bench if desired. No fee, but donations accepted. Sessions at Expressive Therapy Center, 150 St. John St., Portland. 657-2605.

T'ai Chi Ch'uan is an ancient Chinese martial art based on mental and physical balance. It's good for spiritual growth, physical health and for reducing the effect of stress and tension. Beginners through advanced classes ongoing. 772-9039.

The Teen/Young Adult Clinic is a place to go if you have a health concern or medical problem, need a sports/school physical done, or have birth control issues to deal with. Open to anyone 13-21, every Monday from 4-8 pm, at Maine Medical Center, 22 Bramhall St., Portland. Walk-ins seen if they arrive by 7 pm. 871-2763.

Vegetarian Society of Maine meets the third Monday of every month at 6 pm at 35 Saunders St., Portland, for a potluck get-together, vegetarian support group meeting and planning meeting. 773-6132.

Whecraft/Teamworks Support team of motivated people who want to make things happen. Through giving support, ideas, accurate steps and the faith in one another's ability to succeed, we won't let you quit. 773-6226.

Women's Meditation Workshop Learn to listen to your inner voice. 781-0944.

Women Over 50 A support group facilitated by Louise Bennett will explore this vital time of life and those that follow. 772-1910.

family

Aerobics for Kids Children ages 7-11 can learn funky new steps and get great exercise each Wed from 5:15-6 pm at the Reiche Community Center, 166 Brackett St., Portland. Cost: \$12 first month, \$10 each month thereafter. 874-8873.

Basketball Program The Portland YMCA is now accepting registrations for its youth basketball program for children in grades one through eight. 874-1111.

The Children's Museum of Maine invites kids to enjoy its workshops: "Harvest Gatherings/Old and New Year Festivals," Nov 30 from 10-11 am and 3:30-5 pm; "Festival of Lights," Dec 7 from 10-11 am and 3:30-5 pm. Free with museum admission. The museum's located at 746 Stevens Ave., Portland. Reservations requested. 797-5483.

Friday Night Special Portland Recreation offers organized gym programs for middle school children at Riverton Community Center, 1600 Forest Ave., Portland. Cost: \$04/visit. 874-8793.

Holiday Workshops Kids ages 7 to 14 won't want to miss the holiday workshops Dec 5 & 12 from 10 am-12:30 pm at the Portland Museum of Art, 7 Congress Square, Portland. Students will learn to draw holiday greeting cards and winter landscapes. Cost: \$12. \$10 members. Registration required. 775-5148.

Internet! Student Exchange ASSE International, a non-profit organization, offers academic year or summer programs to high school students interested in visiting various countries around the world. 846-5894 or 1-800-677-2773.

Julie & Brownie perform interactive games and songs for children while waiting for Santa Dec 5 at 11:30 am & 12:30 pm at the Portland Museum of Art, 7 Congress Square, Portland. 775-6148.

Munjoy Branch Library offers a public story hour for children ages 3-5 each Wednesday at 10:30 am at 44 Moody St., Portland. 772-4581.

Music for Kids Classes for kids aged 3-7 in basic keyboard, singing, note reading and a lot more at the Starbuck Music Shoppe, 500 Forest Ave., Portland. 775-2733.

Parents Anonymous Volunteer Training Parents Anonymous needs volunteers to facilitate parents groups, provide child care and receive parent calls. Free training at St. Elizabeth's Center, Portland. Registration deadline Nov 13. 871-7445.

Portland Ballet performs highlights from "The Nutcracker Suite" Dec 5 at 11 am while you wait for Santa at the Portland Museum of Art, 7 Congress Square, Portland. 775-6148.

Portland Public Library invites children to enjoy its upcoming programs: Family Story Time Nov 27 at 10:30 am; Preschool Story Time Nov 30 at 10:30 am; Finger Fun for Babies Dec 2 at 9:30 am; Preschool Story Time Dec 2 at 10:30 am; Tales for Twos Dec 4 at 10:30 am; Story Time Dec 5 at 10:30 am. The library's located at 5 Monument Square, Portland. 871-1700.

Riverton Library offers Toddler Time for 1- to 2-year olds, including games, stories and songs. Wed at 9:30 and 10:30 am & Fri at 9:30 am; Preschool Story Hour for ages 3 to 5, Fri at 10:30 am. The library's located at 1600 Forest Ave., Portland. 797-2915.

See Santa and tell him all your Christmas wishes Dec 5-10 from 4-7 pm at Mini-Santa Village, 7 Bridge St., Westbrook.

Silly Saturdays The Portland YMCA presents a series of workshops for pre-schoolers. 874-1111.

Teen Open Gym Teens ages 13-18 play basketball, whistle ball, floor hockey and more Mon & Weds from 7:30-9 pm at Reiche Community Center, 166 Brackett St., Portland. Cost: \$04. 874-8873.

Write Now The Children's Theatre of Maine invites children up to 18 years of age to enter its second Annual Young Playwrights Contest. Your original play can be any length and about any topic. Entries must be submitted by March 1. The Children's Theatre of Maine will produce the winning play in the spring. 874-0371.

Youth Indoor Soccer Program at Portland YMCA for children 6-11 years of age. Registration is ongoing. 874-1111.

sweat

Adult Coed Volleyball The Portland YMCA is accepting registrations for its volleyball league. 874-1111.

Aerobics Ongoing classes at Reiche Community Center, 166 Brackett St., Portland. 797-0484.

Back Country Skiing Explore the natural beauty of southwestern Maine with guided cross-country ski touring in the White Mountains. Daily guided tours by appointment or special weekend packages. For more info call Back Country Ski Excursions 525-8189.

Basketball for Adults Pick-up games every Mon & Wed from 5:15-7:15 pm at Reiche Community Center, 166 Brackett St.; Tues & Thurs from 6-9 pm at Riverton Community Center, 1600 Forest Ave.; and Tues 6:30-8:30 pm at Peaks Island Community Center, Peaks Island. Cost: \$2 residents, \$3 non-residents. Call 874-8793.

Whecraft/Teamworks Support team of motivated people who want to make things happen. Through giving support, ideas, accurate steps and the faith in one another's ability to succeed, we won't let you quit. 773-6226.

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LUNCH MON-FRI 11:30-2:30 DINNER EVERY NIGHT 5-11

The Good Egg BREAKFAST MON-FRI 6:45-11 SAT & SUN 7-2

BEST BREAKFAST! BEST DINNER!
CBW READERS' POLL
2 YEARS IN A ROW!

The Grove Gallery Presents:
A group of various works by
Maine College of Art students
through Jan. 1



WASTED YOUTH.



ONLY YOU CAN PREVENT FOREST FIRES.
A Public Service of the USDA Forest Service and your State Forester.

Art & Soul continued from page 29

sweat

Bicycle Club of Casco Bay Join the club for a one-to-two-hour ride every Thurs at 6 pm along the ocean and marshes of Scarborough and Cape Elizabeth. Pizza and socializing afterwards, swimming optional on warm evenings. Meet at Pat's Pizza, Route 1, near Oak Hill, Scarborough. Cyclists of all abilities welcome. 799-1085.

Cordance with Crooked Stovepipe Band every third Fri at 8:30 pm at the Presumpscot Grange, 1844 Forest Ave., Portland (across from Tortilla Flat Restaurant). All dances taught. Singles always welcome. Cost: \$4. 774-3392.

Dance Classes Learn ballroom, international-style and country & western dancing at Maine Ballroom Dance, 614a Congress St., Portland. 773-0002.

Ice Skating Lessons Portland Recreation offers private or group lessons at Portland Ice Arena, 225 Park Ave., Portland. For more info call 774-8553.

Indoor Soccer Pick-up games every Fri from 6-8 pm at the Reiche Community Center, 166 Brackett St., Portland. Cost: \$2 residents, \$3 non-residents. Call 874-8873.

International Folk Dancing An evening of line, circle and couple dances Dec 2 from 7-9:30 pm (dances taught from 7-8 pm) at the Main Lounge, Moulton Union, Bowdoin College, Brunswick. Cost: \$3, free for Bowdoin students. 729-1555.

Jazz Dance Class Casco Bay Movers Dance Studio hosts a special jazz dance class taught by Adrienne Hawkins open to level III students Dec 5 from 1-3 pm at 151 St. John Street, Portland. Cost: \$10. 871-1013.

Jitterbug Swing Dance Cut loose to solid '50s rock, rockabilly and classic swing recordings the second Friday of each month at Casco Bay Movers Dance Studio, 151 St. John St., Portland. Beginner workshop begins at 8 pm, Dance from 9-midnight. Smoke and alcohol free. Cost: \$5. 725-8216.

Maine Outdoor Adventure Club brings together people who enjoy the outdoors. MOAC offers trips and events to people of all skill levels, beginner to expert. Upcoming: Nov 29, Small Point day hike (848-3036); Dec 2, monthly meeting at North Deering Congregational Church, 1364 Washington Ave., Portland; Dec 12-13, cross-country skiing and snowshoe hiking at Lake Moxie (772-2311). Ongoing: Baxter Blvd walk every Tues at 6:15 from Payson Park. For updated trip info, call the Outdoor Hotline at 774-1118. For club and membership information call 772-9831.

Outdoor Trip Line For the latest bicycling, hiking and other outside activities info, sponsored by Casco Bay Bicycle Club and Maine Outdoors Adventure Club, call 774-1118.

Rolling & Seakayak Rescue Clinics sponsored by Saco River Outfitters. Sat nights at a cost of \$40. Call Saco River Outfitters at 773-0910 for more info.

Saturday Dance Dance the day away every Saturday at Maine Ballroom Dance, 614a Congress St., Portland. Dancing for beginners from 8-9 pm; all others dance from 9-12 pm. Cost: \$5, \$3 for beginners dance. 773-0002.

Scuba Lessons Portland Recreation offers ongoing lessons at Riverton Pool, 1600 Forest Ave., Portland. 799-7990.

Seakayaking Network is forming now. 874-2640.

Senior Fitness for Men & Women 55+ USM Lifeline offers classes Mondays, Wednesdays & Fridays from 10:30-11:15 am at the USM Portland campus gym on Fairmount Street. Program consists of progressive exercises. Registration is ongoing. 780-4170.

SERVE/Maine Volunteer Directory lists volunteer opportunities throughout Maine with state and federal natural resource agencies. Opportunities include "adopting" hiking trails and streams, working on water quality issues, coordinating natural resource volunteers, conducting environmental compliance surveys and working as conservation educators. Projects require volunteers with skills and abilities ranging from enthusiasm and interest in nature to highly trained professionals. For more information, or to obtain a copy of the directory, call or write to Libby Seigers, SERVE/Maine, Maine Dept. of Conservation, Station #22, Augusta, ME 04333. 287-4945.

Ski Lessons S. Portland Recreation begins taking registrations for ski lessons at Lost Valley and Shawnee Peak Nov 2 from 8 am-4:30 pm at 21 Nelson Road, S. Portland. Only for S. Portland residents. 767-7650.

Ski Programs Portland Recreation is accepting registrations for its programs beginning Nov 30. This year's programs offer ski lessons for youth and teens, x-country ski lessons for teens and adults, recreational skiing for youth, snowboard lessons and a Junior Race Program. 874-8793 or 874-8791.

Sports of All Sorts The Boys & Girls Clubs of Greater Portland offers a variety of activities for adults, including swimming, basketball and volleyball at 277 Cumberland Ave., Portland. 874-1070.

Swim Fun Register for all swimming lessons at the S. Portland Municipal Pool Dec 8 at 7 am for residents and Dec 9 at 7 for non-residents at the pool at 21 Nelson Rd., S. Portland. 767-7655.

Swimming Lessons The Portland YMCA starts a new session of swim lessons Nov 10. 874-1111.

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Thirty Something Soccer People 30+ meet to play soccer Sunday evenings at 6 on Middle School field, Scott Dyer Road, Cape Elizabeth. Events include pick-up games, challenge matches and occasional tournaments. 799-8669.

USM Lifeline offers membership to the general public in its gym activities program. Squash, weight training facilities, racquetball and basketball courts, etc., are available. Several membership options. USM Campus Gym, 96 Falmouth St. 780-4170.

Volleyball Pick-up games every Tues & Thurs from 7:30-9:30 pm at the Reiche Community Center, 166 Brackett St.; Wed 7-9 pm at Peaks Island Community Center, Peaks Island. Cost: \$2 residents, \$3 non-residents. Call 874-8793.

Walleyball Casco Bay Bike Club hosts informal walleyball games every Thurs at 6:30 pm at the Racket and Fitness Center, Outer Congress Street, Portland. Cost: \$5. 772-8465.

Water Aerobics S. Portland Municipal Pool offers water aerobics classes starting Nov 23. 767-7655.

Water Safety Basic water safety and emergency water safety are offered at S. Portland Municipal Pool Saturday mornings from Dec 5-19. 767-7655.

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Women's Rugby The Portland women's rugby team welcomes new and old players. Join us for practice Tues & Thurs from 5:30-7:30 pm at Baxter Boulevard field, Portland. 878-5087.

our towns

Craft Fair Christmas craft fair Nov 28 from 9 am-4 pm and Nov 29 from 10 am-4 pm at the Armory, Stevens Avenue, Portland. 684-3035 for space info.

Are You Crafty? The Old Orchard Beach Art Association seeks professional and amateur craftsmen to display their work at the Christmas Art and Craft Fair Dec 13 from 9 am-4 pm at the Elks Lodge, Route 1, Saco. Cost: \$20 entry fee. 934-7712 for application and info.

Bake Sale Kimberly Quality Care holds a bake sale Dec 4 from 9 am-5 pm at the following Shop 'n Save locations: Maine Mall, S. Portland; Shopper's Village, Yarmouth; Route 1, Scarborough. All proceeds donated to the Kimberly Quality Care Fund for the Hearing Impaired. 775-5651.

Christmas Craft Bazaar The Saco Middle School P.T.O. presents its third annual Christmas Craft Fair Dec 5 from 9 am-3 pm at Saco Middle School, Route 112, Saco. Fair features folk art, jewelry, pottery, wreaths and homemade breakfasts and lunches. 283-1965.

Christmas Fair The Resources for the Developmentally Disabled holds a holiday fair Dec 4 from 1-4 pm and Dec 5 from 9 am-1 pm at 17 Bishop St., Portland. All items are hand-made by participants and all proceeds benefit the Resources for the Developmentally Disabled. 797-7921.

Christmas Fair & Korean Food Get a jump on holiday shopping while enjoying authentic Korean food Dec 5 at Korean Methodist Church of Maine, 100 Westbrook St., S. Portland. Fair opens at 9 am; meals served 11 am-5 pm. Cost for meals: \$5, \$3.50 children. 797-6833.

Christmas Tree Sale The S. Portland-Cape Elizabeth Rotary Club begins its 30th annual Christmas tree sale Nov 27 at 7 am at Mill Creek Park, S. Portland. 783-7550.

Commuters Riders are wanted for a self-supporting commuter van from Portland to Augusta. Regular and occasional riders welcome. Stops in Freeport and Yarmouth. 287-2271.

Get into the Spirit at St. Bartholomew's annual Christmas Fair Dec 5 from 9 am-3 pm at Gilman Rd., Yarmouth. There will be a soup and quiche lunch and hayrides for the kids. 846-5066.

Gifts, Gifts, Gifts Do all your holiday shopping at the Williston-West Church Christmas fair Dec 5 from 9 am-4 pm at 32 Thomas St., Portland. Items include wreaths, wooden gifts and ornaments. 774-5438.

Holiday Bazaar The Maine Audubon Society sponsors a holiday bazaar featuring unique gifts and a luncheon Dec 5 from 9 am-3 pm at Elks Lodge, 1945 Congress St., Portland. Cost: \$3, \$2 members. 781-2330.

Holiday Fair St. Ann's Episcopal Church sponsors a Christmas craft fair featuring linens, baked goods and recycled Christmas products Dec 5 from 9 am-2 pm at St. Ann's Episcopal Church, River Road, S. Windham. 892-8447.

Holly Berry Fair St. Vincent DePaul Society sponsors a holiday fair Nov 29 from 10 am-2 pm at Cathedral Guild Hall, 317 Congress St., Portland.

Holly Jolly Fair First Parish Congregational Church invites you to its holiday craft fair featuring handknits and ornaments Dec 4 from 6-9 pm and Dec 5 from 9-3 pm at 40 Main St., Freeport.

Need a Date for New Year's Eve? Maine Arts needs volunteers to usher, sell buttons, distribute posters, plan parties and handle staging and equipment for this year's New Year's Portland celebration. 874-1000.

Retired Senior Volunteer Program seeks people to work at the Center for Grieving Children, 775-6503 or 1-800-427-7411.

Shop & Chop Start your holiday shopping and enjoy a fish chowder supper at a Christmas Fair Dec 4 at South Freeport Church, S. Freeport Rd., Freeport. Fair opens at 2 pm; supper served 5-7 pm. Cost for supper: \$6. 865-3659.

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Turkey and all the Trimmings The Salvation Army invites those in need or who are alone to a holiday dinner Thanksgiving Day at noon at 297 Cumberland Ave., Portland. Free. 774-6304.

Volunteer Center needs second-language, reading and math tutors; computer lab monitor; office assistants, therapeutic horseback riding assistant; and Meals on Wheels volunteers. 874-1000.

Win a Quilt at the Holiday Fair and raffle Dec 5 from 10 am-3 pm at the Unitarian Universalist Church, 524 Allen Ave., Portland. Browse through food tables, recycled items, and antiques. 773-6672.

Women's Rugby The Portland women's rugby team welcomes new and old players. Join us for practice Tues & Thurs from 5:30-7:30 pm at Baxter Boulevard field, Portland. 878-5087.

Walleyball Casco Bay Bike Club hosts informal walleyball games every Thurs at 6:30 pm at the Racket and Fitness Center, Outer Congress Street, Portland. Cost: \$5. 772-8465.

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music, Dec 2; Salvation Army Brass Ensemble and craft sale, Dec 9; Birthdays and 50+ Club, Dec 15; Rotary Christmas dinner for members and guests, Dec 2



Short stories sought for Casco Bay Weekly's Relevant Fiction Competition

Casco Bay Weekly is accepting original, unpublished short stories on topics relevant to modern life in the Casco Bay region. A panel of three judges will choose the most compelling, well-written short stories for inclusion in Casco Bay Weekly's Relevant Fiction Issue, Feb. 11, 1993.

We seek stories that raise questions about some facet of everyday life here in the Casco Bay region. We are looking for stories that demand to be told: fiction that is evocative

**Casco Bay
Weekly**

and finely tuned to the author's intention. (Please do not submit stories in the "genre" traditions of erotica, fantasy, mystery, science fiction, the supernatural, reminiscence or romance.)

Double-spaced manuscripts of 3,000 words or less will be accepted until 5 p.m., Dec. 25. (Longer stories will be

disqualified.) The author's name, address and phone number must appear only on the cover page of the manuscript. Subsequent pages should be identified by story titles and page numbers only. Do not submit unfinished stories. Proofread your stories carefully.

Chosen authors will be notified within one month. Only manuscripts accompanied by a self-addressed, stamped envelope will be returned.

Selected authors will each receive \$50, and their stories will be presented in the Feb. 11 issue of Casco Bay Weekly. Around that time, judges, authors and CBW editors will dine together for the literary and gustatory benefit of all concerned.

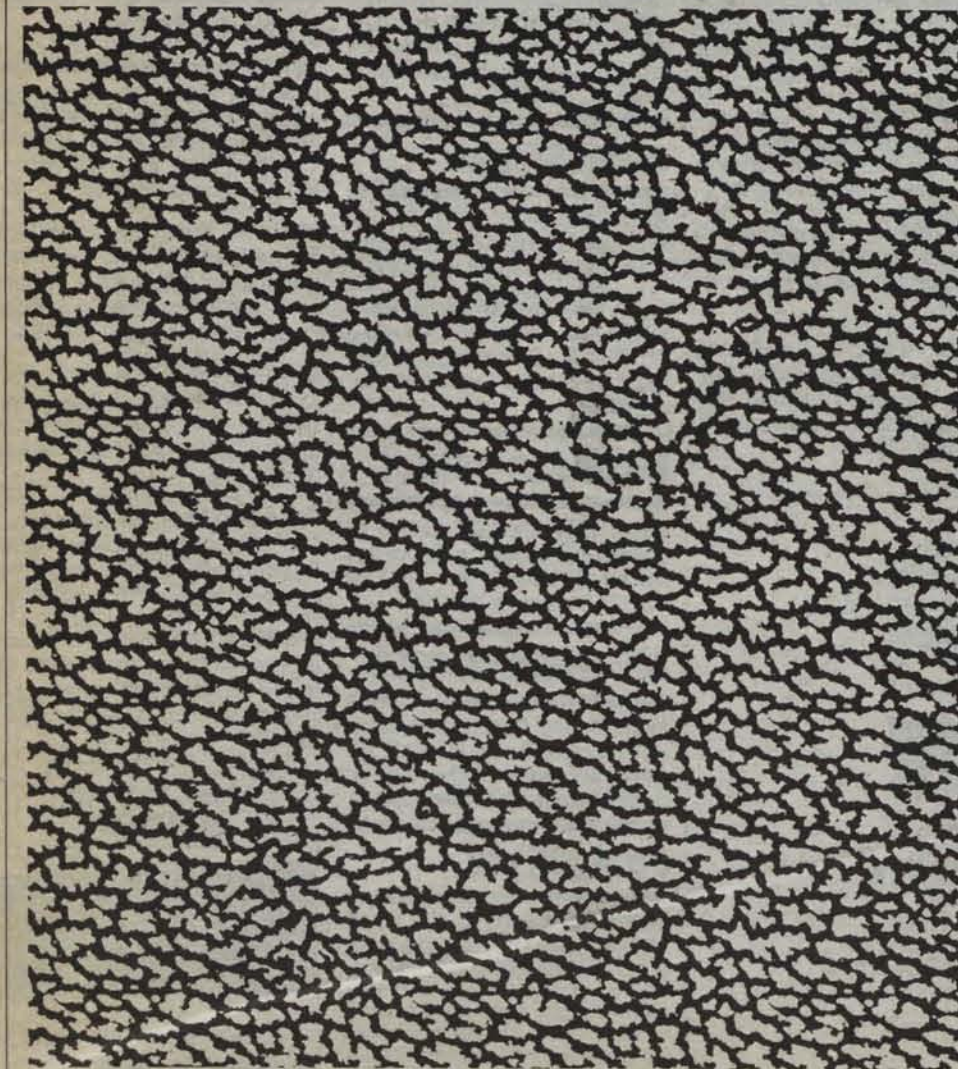
Send your manuscript by Friday, Dec. 25 to:
Casco Bay Weekly
551A Congress St.
Portland, ME 04101

real puzzle By Don Rubin

Out of Sight!

Though camouflage is as old as warfare, dazzle painting (after the expression "razzle-dazzle") wasn't seen extensively until World War I. And it shouldn't have been seen then.

Each of the partially camouflaged tanks at the bottom of the puzzle has been fully camouflaged in the field on top. Can you find them?



Can you solve the Real Puzzle? There is a \$25 gift certificate from Albert's for the first-prize winner. The second-prize winner receives two free passes to The Movies at Exchange Street. Winners will receive their prizes in the mail. Drawings are done at random. Contestants are ineligible to win more than one prize in a four-week span. Only one entry is allowed per person per week.

All entries for this week's puzzle must be received by Wednesday, Dec. 2. The solution to this week's

puzzle will appear in the Dec. 10 issue of Casco Bay Weekly. Send your best guess to:
Real Puzzle #151
Casco Bay Weekly
551A Congress Street
Portland, Maine 04101
This week, William Theriault and a friend will dine at Albert's. Craig Clark will take in a movie at The Movies at Exchange Street.

Solution to Real Puzzle #149

- (Yanks)
- 7 Lefty (Gomez)
 - 13 Whitey (Ford)
 - 3 Yogi (Berra)
 - 2 (Craig) Nettles
 - 1 (Dave) Winfield
 - 6 (Don) Mattingly
 - 9 (Roger) Maris
 - 5 Louisiana Lightning (Ron Guidry)
 - 14 Mr. October (striking out; Reggie Jackson)
 - 12 The Commerce Comet (Mickey Mantle)
 - 10 The Sultan of Swat (Babe Ruth)
 - 8 The Iron Horse (Lou Gehrig)
 - 4 The Yankee Clipper (Joe DiMaggio)
 - 11 Mr. October (homering; Reggie Jackson)

Some of the ballplayers had more than one nickname—"the Mick," "Puff," "Cloumbie Lou," "the Bambino." When Guidry lost a little of that fabulous "Lightning," folks began calling him "Gator," and worse.

(Don Rubin's book, BRAINSTORMS, was recently published by Harper and Row.)

"Why is Everyone Talking About Rosie's?"

"Rosie's dishes out some fantastic fare."
*** for food -
*** 1/2 for service.
-Portland Press Herald

"Known for its appetizing lunches & dinners."
-The Business Review

"There are lots of Rosies, and we have ours."
"A great place to eat, drink, and relax."
-The Old Port Reporter

"The 'Dart Mecca of Portland' with plaques and trophies to prove so."
"Great place to relax with dinner and drinks."
-Face Magazine

Appetizers

Buffalo Mako Strips, Deep Fried Mushrooms, Italian Breaded Chicken Fingers, Beer Batter Onions Rings, Buffalo Wings, Mozzarella Sticks, Hamons Clam Cakes

Soups & Salads

Daily Soup & Chowdah Specials, 5 Alarm All Meat Chili, House Salads, Salad Combo Platters, Chef Salad

Lunch & Dinner

20 Sandwiches to choose from, Rosie's Famous Calzones, Design Your Own Pizza, 1/2lb. Burgers, Chicken & Steak Dinners, Fried Clams, Fried Shrimp, Jumbo Shrimp 2 for \$1.00, Nachos, Burrito Dinners.



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FINALLY, a neighborhood tavern with the activity of the Old Port.

Free Popcorn
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Friday & Saturday - Late Nite Menu

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CEDAR EVERYWHERE-Log house, rural Freeport/Brunswick area. Wood heat, share country chores. Capable, kind, independent F, thirty-something, to share with same. \$250/mo. + utils. 725-7154.

CHEERFUL HOME & STUDIO-Woman looking for N/S woman with whom to share my happy home. Huge studio and great neighbors. \$225/mo. +1/2 utils. 774-5451.

EASTERN PROM-Sunny, spacious 2 BR apt. Deck w/ ocean view. \$300/mo., heat included. Seek N/S only. No pets. 774-6519.

FALMOUTH-Close to Portland line, N/S F to share spacious 3 BR home in quiet neighborhood. W/D, cable. \$250/mo. + 1/3 utils. 799-5667, after 6pm.

FALMOUTH-Unique house share. 3 acres, garage. \$300/mo. + utils. Avail. immediately. Call weekdays-(617)267-5715. Weekends-(207)781-5124.

FRIENDLY POOL-Teacher, grad-student seeking N/S mature, considerate, stable citizen who doesn't mind recycling (prefer 25+), to share mostly furnished, 2-story house near USM. \$290/mo. +oil heat. Call 871-7212.

INDIA ST.-Seeking young prof./grad. student to share large, sunny 2BR near Old Port/USM. Howd frs, 15' ceilings. \$300/mo., heated. Avail 12/1. 775-1484, leave message.

PLEASANT AVE.-Female N/S wanted to share spacious 3 BR apt. in nice, residential area. No pets. \$210/mo. +1/3 utils. Call 773-5190.

PLEASANT ST.-Large, sunny, quiet, nice views. Alternative, chem-free, N/S environment. Need 3rd roommate M/F pay or straight. \$150/mo. + phone & utils. 761-5849, leave message.

PORTLAND DOWNTOWN-Female to share large sunny apt. W/D, gas heat. Avail. 1/1/93. \$140/mo. + utils. 773-6781. Leave message.

PORTLAND-Roommate wanted to share apt. \$145/mo., security deposit + utils. Heat, hot water and parking incl. Call 871-7095, please leave message!

QUIET, DISCREET GM looking for same or accepting male to share house in nice, country location in York County. N/S preferred. \$175/mo. +1/2 utils. 793-2795.

RESPONSIBLE HOUSEMATE WANTED to share spacious 2 BR house. No pets. \$325 + 1/2 utils. 863-6591. Includes tennis courts & pools.

ROOMMATE WANTED TO SHARE house in Windham. All the comforts of home. W/D, cable, fireplace. Pets welcomed. M/F. \$350/mo. includes utils. 892-7145.

SCARBOROUGH-Country setting convenient location, charming 3 BR, 2 BA, 1 or 2 housemates, owner rarely in residence. \$295 + shared utils. 839-6067.

SEEKING GM ROOMMATE, PORTLAND West End- Must be neat, discreet. Must love cats. \$65/wk. +1/3 utils. No phone sex, please. Call 775-4252.

SOUTH PORTLAND-Quiet, recently renovated cape. Share with creative, N/S, vegetarian & 2 Siamese cats. Steps to Willard Beach. Be progressive, responsible, quiet and neat. \$280/mo. +1/2 efficient utils. 799-2022.

USM AREA-F/N/S to share sunny, spacious, quiet 2 BR apt. \$265/mo. +1/2 utils. (gas heat) No pets please. Call 772-1658, leave message.

WINDHAM, 2 BR Cape- Quiet dead-end, 15 minutes Portland, near Gorham/ Westbrook. Responsible N/S M/F. Must like animals & fresh air. \$350/mo. includes utils. 892-0215.

YARMOUTH-The Junipers. Seeking F to share 2.5 BR. Smoker okay. Laundry, tennis courts, close to highway, studio space available. \$312.50/mo heat included. 781-5251, 846-1310.

apts/rent

BEACON ST. #101- Sunny, quiet 2 BR in nice area w/ hardwood frs, yard, deck, storage. W/D hookup. \$495/mo. + utils. 774-4231.

DEERING CENTER-Sunny, spacious 3 BR, 2nd floor, quiet street, high ceilings, hardwood floors, large eat-in kitchen, appliances, heat/HW, parking. \$570/mo. 773-0122.

DEERING ST.-Spacious room in quiet Victorian. Large windows, howd frs, laundry. \$275/mo. includes all utils. Call 828-1426.

EAST END-1st floor, 5 large, sunny rooms, full bath, W/D hookup, parking, yard. Storage. \$495/mo. plus utils. 772-7916.

EAST END-Quiet 1st floor, 2 BR with eat-in kitchen, private entrance and wood floors. \$450/mo., heat included. Cats OK. Call 774-7040.

FOREST AVE. #999- 2nd floor, two 1 BRs. Ideal for any couple. Skyline, carpet & tile, off-street parking, unusual features, must see. \$425-\$450/mo. + utils. 797-8846, days.

FREDERICK ST.-Newly remodeled, 2 BR, LR, DR, kitchen, bath. Sunny, quiet. \$435/mo. +utils. (gas). Available immediately. 799-8895.

HIGH ST., PORTLAND #72 & 74- Spacious 2 BR w/ hardwood sun porch, gas heat, W/D hookup, parking. \$600/mo. Phillips Property Mgmt., Inc. 772-5345.

KENT ST. PTLD. LARGE 1BR & 2BR immaculate & quiet apts. w/ garden, yard, parking, privacy, snow plowed, plus all appliances! N/S, no pets. 773-5144 for apt.

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STATE ST. 2 apts.- 1) 3-4 BR, large kitchen, DR, LR, storage, parking. \$490/mo. + 2) 1 BR, large LR, kitchen, storage, parking. \$290/mo. + sec. dep., lease. 878-8419 or 780-5574.

STANDISH RT 35- 1 RM with separate kitchen and bath. Country setting. Electric & hot water included. \$225 per month. 892-2641.

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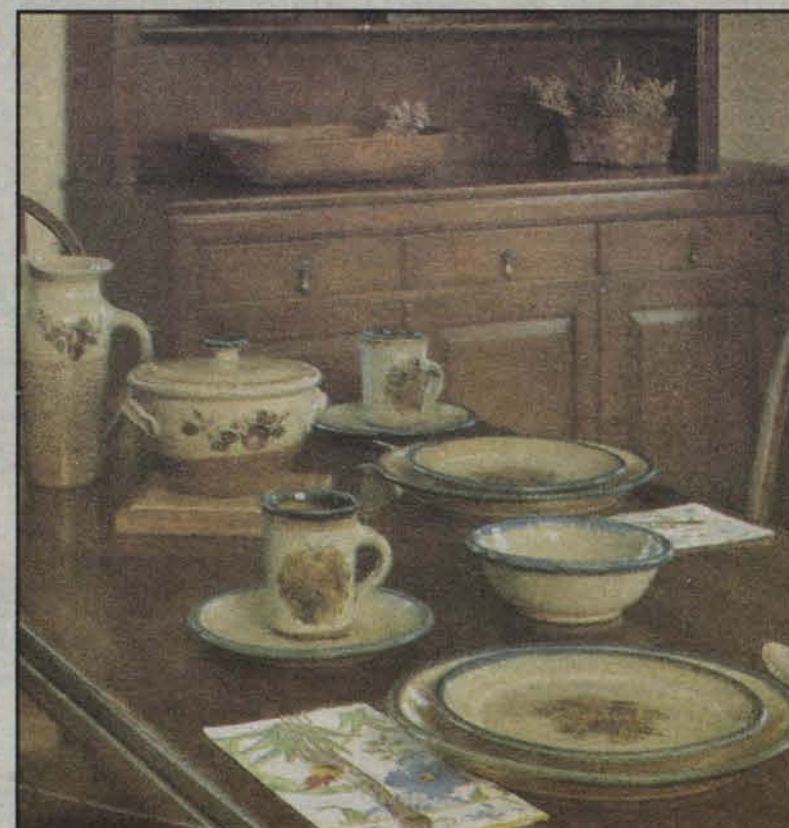
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